

***Do not kill the animals, do not eat
their flesh.***

Saul Judoeus

TABLE OF CONTENTS

The Supreme Eternal said.....	4
Even Jesus forbids eating meat in these terms.....	6
Even the apostle Paul gives this wise advice.....	7
Vegetarian Christians.....	7
Even Buddha brings this clarification.....	8
Teaching of the Supreme Eternal.....	8
Concerning spiritual vegetarianism, the original holy scriptures teach.....	8
The Kasher Method.....	9
Christianity and the New Testament.....	10
Vegetarianism and Islam.....	10
Buddhism and Compassion.....	11
Regarding food, the Lord teaches.....	11
The Supreme Eternal specifies.....	13
We reap what we sow. The divine laws which prevail in all the universe prevail over the human laws.....	14
Let's embrace spiritual vegetarianism.....	15
The awakening of consciousness, the Lord assures us.....	16
Krishna, God, the Supreme Person is vegetarian.....	17
Thou shalt not kill.....	18
The consecrated meal first offered to God makes us immune to material defilement.....	19
Yes animals are sensitive and they suffer like human beings. We must take care of them, and protect them.....	19
It is written.....	20
Animals and plants also have the right to live.....	21
Animals and plants also have a soul.....	22
Eating animal flesh causes disease.....	23
Let us no longer eat terrestrial and aquatic animal flesh.....	24
The hell of the slaughterhouses.....	25
Gandhi and Vegetarianism.....	26
Words of wisdom.....	27

By the pandemic linked to the current coronavirus, the Supreme Eternal give a warning to human beings; stop aborting, stop slaughtering animals, and do not eat no more meat, fish, and eggs.....	28
The Supreme Eternal says.....	30
Whoever kills a human being or an animal will be killed in turn.....	31
The killing of animals in slaughterhouses, fish and aquaculture ponds is the major cause of all conflicts.....	32
All living beings, humans, animals and plants interact and fulfill a useful role for others.....	33
Those who desire to attain the total perfection of existence should lend a submissive ear to words pertaining to the entertainment and the spiritual and absolute attributes of the Supreme Lord, who always acts in a wonderful way.....	34
This is how to work in the consciousness of God.....	36
Krishna, God, the Supreme Person described by the words below, the spiritual perfection that can be experienced even in the material universe.....	37
Krishna, God, the Supreme Person is vegetarian, like Him, let us adopt spiritual vegetarianism.	40
Disobedience to God, the rejection of his laws, his word and his teaching are at the root of the deterioration and degeneration of human civilization.....	62

New version resulting from perfect knowledge. I have added new fundamental data, which makes it possible to know why it is impossible for anyone to approach God, if he kills terrestrial and aquatic animals and destroys plants, including trees. Whoever eats meat, fish and eggs, will never be able to approach God.

It is written in the Vedas, the holy original scriptures also called the true gospel:

Those who desire to possess exquisite beauty, long life, perfect health, good memory and great physical, moral and spiritual strength should abstain completely from all animal flesh.

Who can be more cruel and more selfish than he who wants to feed his flesh with that of innocent animals

From time immemorial, God has asked us not to kill human beings, nor animals. But he also asks us not to eat meat, fish and eggs.

The Supreme Eternal said:

Behold, I give you all seed-bearing vegetation that is found on all the face of the earth, and all the trees that have fruit bearing seed, that will be your food. (Genesis 1:29).

The Supreme Eternal forbids eating animal flesh with these words:

You shall not eat flesh with his life, that is that is to say with his blood. (Genesis 9: 4)

For the life of all flesh is his blood which is in it. You shall not consume the blood of any flesh, for the life of all flesh is its blood. Whoever consumes it will be cut off. (Leviticus 17:14)

You shall not eat blood, or birds, or cattle, wherever you dwell. Anyone who consumes any blood will be cut off from his people. (Leviticus 7: 26- 27)

What I have to do with the multitude of your sacrifices?

I am satisfied with the burnt offerings of rams and the fat of calves. I do not take pleasure in the blood of bulls, lambs and goats. When you come to present yourselves before Me, who asks you to tread on My courts? Incense horrifies me. I cannot see the crime with the solemnities. When you stretch out your hands, I turn My eyes away from you. Even though you multiply your prayers, I am not listening. Your hands are full of blood. (Isaiah 1: 11- 15)

Who sacrifices an ox, strikes a man. Whoever sacrifices a lamb breaks the neck of a dog. Whoever presents an offering and sheds pig's blood, all these delight in their ways, and their souls find pleasure in their abominations, I too will take pleasure in their misfortune, and I will bring upon them whatever causes their dread, because I spoke, and they did not listen. (Isaiah 66: 3- 4)

If I was hungry, I would not tell you, for the world is Mine and all that fills it. Do I eat the flesh of bulls?

Do I drink the blood of goats?

Specifying “*You will not eat flesh with his blood*”, God puts forward a prohibition that first and foremost men, religious, must respect and apply. The Supreme Lord knows that it is impossible to remove all the blood from the flesh, for there will always be some left in the small vessels, hence the prohibition on killing animals and eating the flesh. To claim that by removing all the blood from the body of the animal as the Jews and Muslims do it will be possible to consume the flesh, because it will be empty of all its blood, is an aberration, a shameless lie, and a lack of respect for the Lord Supreme. Moreover, it is to mislead men by leading them to live permanently in sin.

As a sacrifice to God, offer thanks, fulfill your vows to the Most High. (Psalms 50: 12- 14).

From his high place God waters the mountains. The earth is satisfied with the fruit of his works. He causes grass to sprout for cattle, and plants for human needs, so that the earth may produce food. (Psalms 104: 14).

Better is a piece of dry bread with peace, than a house full of meat with strife. (Proverbs 17: 1)

Krishna, God, the Supreme Person says:

If a human being is engaged in sinful and irreligious activities, either because of bad association or because of his inability to control his sense, then such a person will certainly develop a personality full of material desires. He thus becomes stingy with others, greedy and always anxious to exploit the bodies of women. When the mind is polluted in this way, one becomes violent and aggressive and without the authority of Vedic injunctions [from the Vedas, the original holy scriptures also called the true gospel], innocent animals are slaughtered for the satisfaction of the senses. Worshiping ghosts and spirits, the bewildered person falls completely into the grip of unauthorized activity and therefore goes to hell, where he or she receives a material body infected with nature's darkest modes. In such a degraded body, he unfortunately continues to perform ominous activities which greatly increase his future unhappiness, and so he again accepts a similar material body. What happiness can there be for one

*who indulges in activities which inevitably end in death?
(Srimad-Bhagavatam. (Wisdom of God) 11:10. 27- 29)*

Even Jesus forbids eating meat in these terms:

[Words suppressed by demonic disbelievers, in order to 'prevent human beings from knowing the truth, keep them in darkness and ignorance, far from God, and make them live in sin].

Jesus, who was a vegetarian, said.

He who kills, kills his brother, and condemns himself to punishment. The flesh of slaughtered animals will become for his body, his own tomb. Truly I tell you, he who kills and he who eats the flesh of slaughtered animals eats the dead body. Do not kill and never eat the flesh of your innocent victims, if you do not want to become Satan's slaves. Obey this word of God.

Kill neither man nor beast. Prepare and eat all the fruits of the trees and all those of the grasses of the field. Consume the milk of animals and the honey of bees. All other food is the work of Satan.

Here is a dialogue between Jesus and a Sadducee

The Sadducee: *Tell me, why do you say that we must not eat the flesh of animals?*

Were not cattle given to man like fruits and herbs?

Jesus answered him by opening a melon: *Look at this fruit of the earth, look with your own eyes on this good fruit of the ground, and see the seeds it contains. Each melon can produce over 100 other melons. If you plant this seed, you feed on the true God, for no blood has been shed. No cry was heard by your ears and no blood was seen by your eyes. The real food of man comes from our mother earth.*

But look what Satan gives; anguish and death, the blood of the living taken by the sword. Do you not know that he who lives by the sword will perish by the sword?

Go, plant the good fruit of life, and do not make animals suffer any more.

Jesus adds: *Verily I say unto you, it is for this end that I have come into the world: to put away all the offerings of blood and the delighting of the flesh of animals and birds, which are slain by the men.*

In the beginning, God gave all the fruits of the trees, the seeds, the herbs and the plants as food; but those who loved themselves more than they loved God or their fellow men, corrupted their ways, bringing diseases into their bodies and filling the earth with lust and violence.

Jesus was a vegetarian, he practiced spiritual vegetarianism.

Even the apostle Paul gives this wise advice:

It is good not to eat meat, not to drink wine, and to refrain from that which, for his brother, is the cause of fall or of weakness. (Romans 14:21).

Therefore, if a food drops my brother, I will never eat meat again, so that my brother will not fall. (Romans 8:13).

Even the apostle Peter specifies that God teaches him by a vision that there are no unclean animals.

The Lord God said to him: *"What God has declared pure, do not regard it as defiled". (Acts 10:15)*

Vegetarian Christians.

The writings of the early Christians also demonstrate the importance of vegetarianism in their religious practice

Clement of Alexandria (160-240), one of the fathers of the Christian church, recommends: *"It is better to be happy, he said, than to make our bodies like graves for animals".*

The apostle Matthew ate grains, nuts and vegetables, and abstained from all animal flesh.

Saint Jerome, famous leader at the beginning of the Christian church wrote: *"Preparing vegetables, fruits and pulses is easy and does not require expensive cooks".* He felt that such a diet was better suited to a life devoted to the quest for wisdom.

Saint John Chrysostom (345-407) considered eating meat as a cruel and unnatural custom for Christians. He specifies: *"We imitate the habits of wolves, leopards, or rather we do worse than them. Nature made them to feed like this, but God endowed us with speech and a sense of fairness, and we have become worse than wild beasts".* He also said: *"We Christian leaders practice abstinence from animal flesh".*

Saint Benedict, who founded the monastic order of the Benedictines in 529, prescribed the vegetarian food as the staple food for its monks.

The Order of La Trappe, from its foundation in the 17th century, was strictly against the consumption of meat, eggs and other foods of animal origin. This rule was relaxed by the Vatican Council of 1965, but most Trappists still adhere to the original teaching on vegetarianism.

Today, the Seventh-day Adventist Church strongly recommends vegetarianism to its members, drawing on the teachings of the Bible. Even though the majority of

Christians are non-vegetarians, there are many who do and can make statements similar to those of John Wesley (1703-1791), the founder of Methodism, who once said: *"thank God, because since I left the meat and the wine, I have been free from all physical illness"*.

Outside India, the Cathars [who lived between the 10th and 12th centuries] were the first vegetarian community in France, claiming to be true disciples of the apostles.

The religion of the Cathars, the Catharism, true Christianity according to them, means the pure, the perfect, the purified. The Cathars were vegetarians. They did not eat meat, because they knew that animals had souls. They had forbidden the slaughter of all animals, whatever they are, and protected all animal life, terrestrial and aquatic, as well as plants.

Even Buddha brings this clarification:

"Let the disciple abstain from all meat, so as not to cause fear to other living entities. The sane man does not eat meat. There may be some fools in the future who will claim that I approved of eating meat, but please know that I have not allowed, do not allow, and will never allow anyone to eat animal flesh. At all times and in all places, it is unconditionally forbidden for all".

Teaching of the Supreme Eternal.

God has equal love for all living beings, human beings, animals and plants. We are not the body of matter in which we reside, but spiritual entities also called spiritual souls. We have incarnated in a human body, animal or plant, according to our acts committed in our previous life, consequence of our respective karma.

All animals have a soul as well as all plants, and as such we must protect them. This is the major reason why the Supreme Eternal forbids taking the life of a human being and an animal, and expressly asks us not to destroy plants, and not to eat meat, fish and eggs.. So let us listen to God, and do what He says.

Concerning spiritual vegetarianism, the original holy scriptures teach.

The holy scriptures original contain many references condemning the consumption of animal flesh and encouraging compassion towards animals.

“The book of the law for humanity” specifies: “We cannot obtain meat without injuring a living being (a terrestrial or aquatic animal), which will prevent us from accessing celestial bliss. Let us therefore avoid eating meat”.

Another passage from this same book warns us: *“After having carefully considered the revolting origin of meat and the cruelty of captivity and the killing of living beings, let us abstain entirely from all consumption of flesh”.*

The great spiritual master Srila Prabhupada once said: *“Since no one is able to create a living being, so no one has the right to kill. The human laws that distinguish between killing a human and killing an animal are flawed. According to the laws of God, the killing of an animal deserves a punishment just like that of a human. Those who distinguish between the two fabricate their own laws from scratch.”* One of the Ten Commandments even orders *“You shall not kill”*. Here is a perfect law that human beings have disfigured by their discrimination and their speculations.

Men say *“I will not kill humans, but I will kill animals”*. So people go astray and cause suffering for themselves and for others.

The Kasher Method.

In the Kosher method, it is stipulated that *“animal sacrifice can only be performed under certain conditions”*. *“Only, you shall not eat flesh with his life, with his blood”*. (Genesis 9.4)

This is why the Jews try to drain all the blood out of the animal's body before consuming its flesh. The meat thus prepared is called kosher. But this method is flawed, because even though blood is drawn from the arteries, some still remains in the smallest blood vessels. It is therefore impossible to eat meat that is completely devoid of blood. Also, no meat is perfectly Kosher.

Only vegetarian Jews do not feed on the blood of animals.

Vegetarian Jews.

More and more Jews reject the consumption of meat, because to do so it is mandatory to kill a terrestrial and aquatic animal. The number of members of the International Society of Vegetarian Jews is increasing modestly, of course, but steadily. In Israel, more than 4% of the population is vegetarian, and this number continues to increase. In fact, after India, Israel is the country with the greatest concentration of religious vegetarians.

Martin Buber (1878-1965), renowned for being one of the greatest existentialist philosophers and Jewish thinkers modern, recommended a meatless diet.

Isaac Bashevis Singer and Samuel Yoseph, both authors and Nobel Prize winners, explain that vegetarianism is proof of kindness to animals.

Christianity and the New Testament.

The New Testament that we know remains mysteriously silent on vegetarianism, the diet of Jesus, and the food that the latter recommended. Some scholars believe that this shortcoming is due to a removal of passages in the gospel, which restricted the consumption of animal flesh.

Iniquitous corrections.

Professor Nestlé, in his book *“Introduction to the textual Criticism of the Greek Testanment”* tells us that certain scholars called *“corretores”* were appointed by the ecclesiastical authorities, in order to *“correct”*, that is to say to alter, the texts of the scriptures in the interest of what was considered *“orthodox”* at the time.

One of these *“corrections”* took place at the Council of Nicaea (325 AD). At this council, several contemporary scholars claim, the priests completely altered, by omission or extrapolation, the original Christian documents. The purpose of these changes was to make these scriptures acceptable to Emperor Constantine. The latter was far from being a vegetarian, because it is said, among other things, that he poured liquid lead down the throats of vegetarian Christians whom he captured.

The manuscripts of the Dead Sea.

While the oldest known New Testament documents date from 4th century (after the Council of Nicaea), manuscripts dating from the very beginning of the Christian era were discovered in 1947. The authenticity of these texts would make them the most complete and oldest of the Christian writings currently known.

In these pages, Jesus is described as being a strict vegetarian. What confirms the prediction of the Old Testament: *“It is therefore the Lord Himself who will give you a sign. Behold, the young girl is pregnant and is going to give birth to a son whom she will call Emmanuel. On milk and honey, he will feed himself until he knows how to reject evil and choose the good”.* (**Isaiah 7:14**)

Vegetarianism and Islam.

Those who are good to God's creatures are good to themselves

(Hadith of the Prophet Muhammad)

In Mecca, the birthplace of the Prophet Muhammad (founder of Islamism)), no creature can be killed, not even a mosquito. When the pilgrim approaches this holy place he takes great care not to crush any insects.

The first biographers of the Prophet Muhammad indicate that the latter preferred vegetarian food. Muhammad ate mainly fruits, vegetables, milk, honey and dates.

He said: *“Several angels will descend where there is an abundance of vegetables”*.

Although Muslims today are predominantly carnivorous, there are many teachings of Islam, especially in the Sufi tradition, which recommend vegetarianism. And as in Judaism, Muslims cannot eat meat without having first followed certain rules.

Al-Ghazzali (1050-1111), one of the great Muslim philosophers said: *“To feed on cow's flesh brings disease, but its milk brings health. Compassionate eating habits lead to peaceful lives”*.

Buddhism and Compassion.

Buddhism began in India as a reaction to the widespread slaughter of animals. This butchery, born out of a perversion of religion, was opposed by Buddha's teachings on non-violence.

D.T. Suzuki, a prominent Buddhist authority, writes in his book *“The Chain of Compassion”*: *“Compassion is the foundation of the Buddhist religion. A Buddhist must therefore eliminate meat from his menu, because the consumption of the flesh destroys the seed of compassion”*.

Originally, Buddhists were all strictly vegetarians. Unfortunately, very many have deviated from the early teachings. These Buddhists believed that they could feed on an animal that was not killed with their own hands. This kind of deviation had yet been condemned by Buddha, who said: *“It is not true that meat can be eaten if the animal has not been killed by oneself”*.

Today, for the sake of respect for all forms of life, several million Buddhists have remained strictly vegetarians. It is written: *“How can a seeker of truth, who hopes to become a liberator of others, live by feeding on the flesh of other living entities?”*.

Regarding food, the Lord teaches:

God never said that human beings could kill animals in order to eat them the flesh is a lie of the demonic disbelievers.

The food of virtue purifies existence and prolongs its duration. They provide strength, health, joy and satisfaction. These substantial foods are sweet, juicy, fatty and full of flavor.

Foods that are too bitter, sour, salty, pungent, dry or hot, are loved by those dominated by Passion. They engender suffering, misfortune and disease.

And dear to men enveloped in ignorance, food cooked more than three hours before being consumed, food deprived of taste, freshness, smelly, decomposed or impure, even leftovers.

The only functions of food are to increase longevity, to purify the mind, and to give the body health and vigor. In the past, major authorities in this field have chosen the foods which best serve these functions, and which are, among others, dairy products, sugar, rice, wheat, fruits and vegetables. These foods are dear to men ruled by virtue. Others, such as corn or molasses, although not very tasty on their own, can become so when mixed with milk or other virtue foods, and thus join the circle of virtue.

All these foods are naturally pure; they stray far from things "*intouchables*", unclean, like meat and liquor. Likewise, fatty foods cannot be related to the fat provided by the slaughter of animals. Animal fats are available in milk, which happens to be the most wonderful of all foods. Milk, butter, cheese, and the like produce animal fat in a form that excludes any need to kill innocent animal creatures - a heinous crime. Only a barbaric and demonic mentality allows the slaughter of animals to continue. The only civilized way to get the fat that humans need is to get it from milk. The slaughter of animals is the way of acting specific to the infrahuman, to human-animals. As for proteins, they are widely found in split peas, chickpeas, dal, whole wheat, quinoa, lentils, cashews, peanuts, etc.

Passion foods, bitter, too salty, too hot, or too spicy with red pepper, cause suffering because they produce an overabundance of mucus in the stomach, a source of disease.

The Foods marked by dark ignorance are essentially those that are not fresh. Any food cooked more than three hours before consumption belongs to the darkness of ignorance (except food first offered to the Lord). Because when decaying, these foods give rise to bad odors, which often attract men enveloped in ignorance, but always repel those ruled by virtue.

Food reliefs can only be eaten when they come from 'a meal first offered to the Supreme Lord or to holy men, especially the spiritual master. Otherwise, all leftover food is ignorance, and only spreads infection and disease. Such foods, although extremely pleasing to men enveloped in ignorance, never attract men ruled by virtue, who would not even touch it. But the best food is that which is first offered to God, the Supreme Lord, who teaches in the Bhagavad-gita "*Words of Krishna, Christ, God, the Supreme Person*" that if they are offered to Him with devotion, He accepts dishes

prepared from vegetables, flour, milk. Of course, the love and devotion accompanying the offering are, for the Lord, the most important ingredients; but the meal consecrated and offered to God requires no less special preparation. On the other hand, any food thus prepared, in accordance with what the original holy scriptures teach about it, and then offered to God, the Supreme Person, can be honored even very long after it has been cooked, for such food is purely spiritual. This is why if one wishes to make food pure, "*edible*" and succulent for all, one must first offer it to God, the Supreme Person.

All those who consume meat, fish and eggs, in their unconsciousness, do not know what will happen to them in their next life. Although they see various species of living things eating all kinds of abominable things, for example pigs eat feces, crocodiles different forms of flesh, etc., they do not realize that themselves, because 'they eat all kinds of abominable, aberrant foods, such as meat, fish and egg, in their present life they will have to eat the most horrible things in their next life.

A holy being, knowing the The truth is that all animals have a soul, always dreads such an existence and to escape these dreadful conditions, he dedicates himself to the service of love and devotion that he offers to the Lord. The latter feels compassion for all living beings, it is for their good that He descends into this material world.

If a human being is engaged in sinful and irreligious activities, either because of a bad association or because of his inability to control his senses, then such a person will certainly develop a personality full of material desires. He thus becomes stingy with others, greedy and always anxious to exploit the bodies of women. When the mind is polluted in this way, one becomes violent and aggressive and without the authority of the injunctions of the original holy scriptures, innocent animals are slaughtered for the satisfaction of the senses.

So those who kill animals and eat their flesh will go to Maharaurava, a hell designed for those who kill animals, namely the herders who lead their animals to the slaughterhouse, the priest workers of the slaughterhouses who kill them, the butchers who sell the meat, the sinners who capture the fish and thus kill them, the fishmongers who sell their flesh, and the carnivorous humans who consume them.

The Supreme Eternal specifies:

Ses entrails torn from him by the dogs and vultures of hell while he still lives to witness the scene; and snakes, scorpions, mosquitoes and other creatures sting and tormenting him. His limbs are then torn from his body and torn to pieces by elephants. It is thrown from the top of the mountains, and it is imprisoned under water or in a cave.

It is therefore not surprising that in hell, those who have enjoyed existence while eating the flesh of others (meat, fish, and egg) are forced to eat their own flesh.

During the transfer from one body to another, the soul is carried away by the servants of Yamaraja, the master of death and judge of sinners, who first pass it through some type of hellish life so as to accustom her to the condition in which she will have to live in her next body.

The sufferings endured by souls in hell are intended to allow them to erase the faults committed and to bring them to awareness of the magnitude of their abominable crime, so that they may regain their sanity, repent, do penance, turn to God, and resolve to obey the Lord and no longer start over.

We reap what we sow. The divine laws which prevail in all the universe prevail over the human laws.

The law of karma, or law of action-reaction, law of cause and effect, allows to understand that every action leads to a reaction. Any beneficent action generates future happiness, and any harmful action brings certain suffering.

Giving death to human beings as well as to innocent animals will have certain consequences. Any suffering imposed on man and poor animals will fall on its author sooner or later. The law of karma operates in the entire universe.

All living beings, human beings, animals and plants, are material bodies which serve as envelopes of matter for spiritual souls who have incarnated therein, and which transmigrate life after life. If men have a soul, know that animals and plants too.

Souls embodied in animal bodies will naturally evolve into higher species, eventually reaching human form. However, the souls currently incarnated in human bodies can, if they turn their back on God, fall again towards the lower species, animal or even vegetable, or on the contrary, if they obey God and do his divine will, evolve towards forms of higher existence, and incarnate in the bodies of celestial beings.

Following the laws of nature, the lower species evolve from plant forms to animal forms, and animal forms to higher human forms. However, once the human body has been obtained, if the incarnate being does not cultivate the consciousness of God, he risks being reborn in an inferior body, animal or even lower, vegetable.

This is why God has ordained us for millennia not to harm animals or plants, but to love them, support them, take care of them, watch over them and offer them the well-being they deserve.

The destruction of the body of a living being interrupts its evolution. All living things have a certain period of imprisonment to complete in a particular body type, before

evolving into a new body. Killing an animal or other living thing only prevents the soul from remaining as long as it should in a given body. We must therefore avoid destroying the body for the sole pleasure of the senses, as do those who eat meat, which would make us incur sin.

According to the law of karma, those who allow one to kill a animal, those who perform the murderous act, those who sell the flesh of the slaughtered animal, those who prepare it, those who buy such food and those who eat it, all are responsible for the suffering inflicted on the animals. They will all have to suffer for this in their future life.

Let's embrace spiritual vegetarianism.

Spiritual vegetarianism consists of eating plant foods after having first offered them to the Lord. If we adopt this mode of sacrifice which consists in purifying our food by offering it to God before eating it, the Supreme Lord will protect us from all karma resulting from the destruction of plants. Otherwise, according to the law of karma, we will be personally held responsible for such an act, and will have to suffer the consequences.

Righteous beings, servants of God, who naturally follow the directives of the Supreme Lord are freed from all faults, because they eat only food offered as a sacrifice to God.

But those who prepare food (meat, fish, egg) for their sole pleasure of the senses, in truth, feed only on sin.

Human beings are provided with cereals, fruits, vegetables and milk, by the grace of the Supreme Eternal. To thus nourish ourselves with sanctified food, protects us from karma, promotes our spiritual progress, and allows us to live in holiness. We can sanctify our meal by offering it as a sacrifice to God, in these terms:

“Allow me Lord to present to you my respectful homage. Allow me Lord to offer you this meal, this humble offering. Haré Krishna, haré Krishna, Krishna krishna, haré haré / Haré Rama, haré Rama, Rama Rama, haré haré”.

This song in Sanskrit means: *“Ô Lord, Ô source of all happiness, please make me your beloved servant”.*

We do not drink or eat anything without first offering it to Krishna, God, the Supreme Person. Let us also offer Him all our acts, our day, our existence, in short all that we do and have, so that we will live constantly in purity.

Let us obey God, do his only will, and apply his laws and his commandments. But if we want to live in holiness, let us apply to the letter the regulatory principles of the Supreme Lord, the content of which is as follows:

You shall not eat meat, fish or eggs.

You will not have sex outside of marriage. intoxicants, such as alcohol, cigarettes, coffee and tea.

You shall not play any gambling game.

The awakening of consciousness, the Lord assures us.

Living beings (embodied souls) have always been engaged in action, but the quality of their actions can be changed and take on a spiritual character, so as to no longer entail material consequences.

Together, the Lord and the spiritual being distinct from God are endowed with consciousness, and both perceive their identity as a living force conscious. But subject to the conditions of material nature, the distinct soul believes itself separated from the Lord, and it is precisely in order to uproot this erroneous conception of the conditioned soul, in order to free it from its illusory identification with matter, that the Lord has enunciated his divine teaching. Once this illusion has been dissipated by knowledge and renunciation of the material world, the distinct being recovers its real identity as an individual soul participating in the spiritual and absolute nature of Lord Krishna, God, the Supreme Person.

Awakening of conscience, the Lord assures us. For this we must always be absorbed in the mind of the Lord, He must never be absent from our mind. Thus, we must become a devotee or a devotee of the Lord, and offer our homage to Him. Whoever adopts this line of conduct receives his blessing, and obtains the refuge of his Divine Person. There is no doubt about this eternal truth.

We must therefore, throughout our existence, unify our actions with those of the Lord, for in this way we will be sure to return to God, to our home original, in its eternal and absolute kingdom. This is the highest perfection of existence.

Until 5,000 years ago, kings were surrounded by worthy advisers, all of whom were either great sages or first-rate spiritual guides, devotees of the Lord, who accepted no wages, for which they had no need. The state thus benefited from the best advice.

These advisers were truly righteous and upright beings. They were equal to human beings as they were to animals and plants. They never proposed to the king to grant his protection to those of his subjects who belonged to the human race and to destroy the poor animals. They were not foolish, nor did they suggest the raising of a monument to foolishness.

They were all great realized souls, who knew perfectly how to make each of the citizens of the state happy in the current life, as well as in the next. They had no interest in "hedonist" philosophy, to eat, drink, have fun, and thus enjoy life. They

were philosophers in the truest sense of the word, who fully understood the purpose of human life. Required to meet all these requirements, the king's advisers gave him just directives, and the monarch, or the head of state, himself a qualified devotee of the Lord, observed them to the letter for the good of the state., and of course all citizens.

In those days, no citizens, humans or animals, were unhappy. Slaughterhouses did not exist, and the king ensured that no animals were killed. The monarch watched over and protected all living beings, humans, animals and plants.

Krishna, God, the Supreme Person is vegetarian.

God willing, the earth would produce many more fruits, grains, and other foodstuffs than all the people of the world could eat, even if they ate ten times as much as they could.

In truth, nothing is lacking in this material world except the consciousness of God, the consciousness of Krishna, the Sovereign Person, too, by the transcendent will of God, the Supreme Person, the earth will produce enough food that no one will encounter economic hardship. This truth is very easy to understand. The production of fruits, flowers, and grains does not depend on us, but on the supreme will of God alone. When He is satisfied, God can give us fruits, flowers, grains, etc., in abundance, in sufficient quantity.

However, when people become irreligious and atheistic, nature that acts under authority of God, and by divine will, restricts the production of food.

It is necessary to adopt the vegetarian diet if we are to practice spirituality in its pure essence.

In truth, all spiritual practices aim at the purification of the being, and food should also contribute to this end. Our physical makeup and mental attitude are determined by our diet. Also, the original holy scriptures recommend to those who wish to become aware of Krishna, God, the Supreme Person, to honor the reliefs of the consecrated food which they will have previously offered to the Lord.

If we eat the food consecrated and previously offered to God, we will contract the consciousness of God. The principle is simple, it is to eat nothing (no meat, fish and eggs) or drink (no alcohol) that was not first offered to the Lord. This principle will allow us to progress in the consciousness of God.

The Lord said: If one offers Me with love and devotion, a leaf, a flower, a fruit or water, this offering, I will 'will accept.

As you can see, the Lord does not ask us to offer Him anything else. In truth, Krishna is a vegetarian. Being God, Krishna can eat whatever pleases Him. He tells us that we can offer Him with love and devotion, a leaf, a flower, a fruit, water, but He never asked us to offer Him meat, fish, eggs and wine.

Thou shalt not kill

We must accept as is the scriptural prescriptions, the divine precepts and commandments, the counsels and directives of God, and not just the passages that suit us. How can we show our love for God, if we cannot even follow a command as essential as *"You shall not kill"*. ?

In truth, by this major commandment, God orders not to take the life of any living being, nor of a human being, nor of an animal, nor of a plant. God forbids giving death.

The spiritual philosophy of which God stated the content, specifies that one should not even kill plants without necessity. Moreover, Krishna said: *"May I be offered with love and devotion a leaf, a flower, a fruit, water, this offering I will accept"*. We only offer Krishna the food that he asks for, and we ourselves eat only the reliefs of this offering. If offering vegetarian food to Krishna was bad, He would be at fault, not us. But Krishna, God, the Supreme Person can in no way be reached by sin. Also, eating food offered to the Lord is like a soldier killing in war, there is no risk. On the other hand, let him kill a human being for his own account, and he will be condemned.

Similarly, eating consecrated food, that is to say, offered beforehand to God, does not make us guilty of No mistake. The devotees and devotees of the Lord are freed from all sin, because they eat only food offered in sacrifice. But all those who prepare meat, fish and egg dishes for their own enjoyment, feed only on sin. How can these materialistic and atheist people be so happy? ?

They must necessarily suffer from all the evils caused by their demonic philosophy.

The dignified and civilized human being, the religious human being, cannot in any case eat animal flesh.

He is very important that all worthy human beings, men and women alike, work to end the killing of animals in slaughterhouses and elsewhere, and that we all chant the Holy Names of Krishna, of Christ, and our life will be perfect. Let's all do this, and then we'll see the universal condition change.

The consecrated meal first offered to God makes us immune to material defilement.

During an epidemic, we vaccinate people to make them immune to the germ. Likewise, when one takes food first offered to Lord Krishna, one can resist all attacks of material energy. He who always acts thus is called devotee of the Lord. In this way, the Krishna conscious being, who only eats food offered to God, can erase all the consequences of his bad relationship with matter and open the way to spiritual realization. But, those who do not continue to increase the volume of their culpable acts. They are thus preparing another body, like that of a dog or a pig, in which they will have to suffer the consequences of their sins. Material energy is the source of all contaminations, but whoever immunizes the food offered to Krishna escapes its attacks. Everyone else is a victim, without recourse.

Let us show our devotion to God by lovingly offering Him food.

The real goal of the offering is to show our love and devotion to Lord Krishna. The objects of the offering in themselves are only of secondary importance. However, if we offer to the Lord all kinds of food as well as fruits and flowers in quantity without having developed love for Him, without real devotion, He will not accept these offerings.

No one can buy God. Our attempts at corruption have no effect on Him, such is His greatness. He lacks nothing, so what do we have to offer Him?

He finds his fullness in Himself, everything comes from Him.

In truth, we can only offer Him our love, our total devotion, and our gratitude. For all that is offered to Krishna with love and affection, God can offer millions of times more, materially as well as spiritually. The fundamental principle is the exchange of love.

The Lord specifies to us: Whatever you do, what you eat, what you sacrifice and what you give, whatever austerity you practice, be it to offer it to Me.

Yes animals are sensitive and they suffer like human beings. We must take care of them, and protect them.

Animal torturers have hearts of stone. Some scoundrels argue that animals are soulless or somehow callous like stones. This is how they justify themselves by saying that there is nothing wrong with killing them, because they are callous and do not suffer. No logic and no philosophy can have a hold on them. They continue to use their slaughterhouses and go hunting.

In reality, animals are not like inert stones. Because they have a soul, they are like human beings, sensitive to pain, sad in the face of misfortune or abandonment, and suffer when tortured or beaten.

Yes animals are sensitive to pain, to sadness, as to joy, yes they suffer. They very often express their suffering in silence. They express it in various ways, through submission, grunt, entrenchment, immense facial sadness, etc. It is abnormal, vile and foolish to ignore this truth.

Now all who claim otherwise are doing it to justify their unhealthy greed and cruel tendency to eat the flesh of animals, and take immoral pleasure in it.

The duty of the human being, whatever his social status, is to protect animals and plants, because if the human being continues his spiritual evolution in the consciousness of God under the guidance of a spiritual master, an authentic servant of God, it is the same for animals and plants. If, unlike human beings, the spiritual evolution of animals and plants is automatic or systematic, the latter can be hindered when their physical integrity is attacked, by killing or destroying them. And that, God condemns him.

It is written:

The righteous take care of his cattle, but the bowels of wicked are cruel. (Proverbs 12:10)

Know each of your sheep well, take care of your herds. (Proverbs 27:23)

Then God said: Let us make man in our image, after our likeness, and let him rule over the fish of the sea, over the birds of the air, over the cattle, over all the earth, and on all the creeping things that crawl on the earth. (Genesis 1:26)

The Lord God took the man, and the placed in the Garden of Eden to cultivate it and to keep it. (Genesis 2:15)

Thou shalt not muzzle the ox when it treads the seed. (Deuteronomy 25: 4)

You shall not plow with a harnessed ox and a donkey together. (Deuteronomy 22:10)

But ask therefore the beasts, they will instruct you, the birds of the sky, they will reveal it to you. (Job 12: 7)

Don't we sell two sparrows for a penny?

However, not one falls to the ground without your Father's will. (Matthew 10:29)

Look at the birds of the sky. They neither sow nor reap, nor do they gather anything in barns; and your heavenly Father feeds them. Are you not worth much more than them?

Which of you, by his worries, can add a cubit to his life span?

And why worry about clothing?

Consider how the lilies of the field grow; they neither work nor spin. (Matthew 6: 26-30)

Because all forest animals are to Me, all the mountain beasts by the thousands. I know the birds of the mountains, and everything that moves in the fields is mine. (Words of the Supreme Eternal) (Psalms 50: 10-11)

And he said unto them, Which of you, if a son or his ox fall into a well, will not bring it up immediately on the sabbath day? (Read 14: 5)

Like a shepherd, he will feed his flock, he will take the lambs in his arms, and will carry them in his bosom, he will lead the suckling sheep. (Isaiah 40:11)

For thus saith the Lord GOD: Behold, I will take care of My sheep Myself, and review them. (Ezekiel 34:11)

The slaughter of animals is not a sign of intelligence, greatness of soul, civilization.

The truly civilized human being knows the art of preparing nutritious dishes based on milk. In all rural communities, the people who live there make hundreds of products, all of them wonderful, from milk. From milk, one can obtain by-products such as yogurt, cheese, butter, and by mixing them with cereals, fruits and vegetables, one obtains hundreds of preparations. This is what we mean by civilization, and not killing an animal just for the pleasure of the senses, to delight the taste buds.

Animals and plants also have the right to live.

All living beings, humans, animals and plants have received from God the inalienable right to life. If the body of human beings differs from that of animals, and that of plants, and the latter from the other two, it must be understood that in each of them resides a soul. There is therefore a soul in each human being, in each of the animals, and in each of the plants. God therefore gives all living beings, human, animal and plant, the same rights and the same advantages. There is no difference between them.

All animals have received from God the right to live. It is therefore abnormal that governments allow the existence of numerous slaughterhouses where countless animals are killed, and grant hunters also the same right, that of killing. The law which states that one has the right to kill animals is criminal. He who shows friendship with

human beings, but at the same time is the enemy of innocent animals, is animated by an evil spirit. However, in the current dark age, that of discord, quarrels, hypocrisy and sin, it is the entire state that shows this enmity towards animals, reduced, the unfortunate, to live in constant anguish. Such a mistake has to be paid for. Human society must bear the brunt of this, hence the constant pressure exerted between individuals, communities and nations, which leads to a series of incessant conflicts at all levels.

Show friendship, compassion and of benevolence towards all human beings without exception, but also towards all animals and all plants without exception also, it is to prove our greatness of soul, our humanism, and it is to attest that one is worthy of God.

Animals and plants also have a soul

Unfortunately, some people still ignore that all animals and plants have indeed a soul. Also, anyone who argues that animals have no soul are liars, hypocrites. If they say that, it is for the simple reason that they want to eat their flesh.

We can have proof of that. Like us, the animal eats, sleeps, defends itself, mates and multiplies. Like us, he has a home, he cuts and bleeds. In addition, the soul which possesses in its essence the vital force animates the body and keeps it alive, whether human or animal. So, all these similarities are undeniable. So why reject a single similarity, that which concerns the presence of the soul?

Logic appeals to the notion of analogy. By this we mean the fact of drawing a conclusion by showing several similar points between two propositions. If there are so many points in common between humans and animals, why deny one point in particular?

This is neither logical nor scientific. That said, the difference that characterizes the human being, animal and plant, is that the human being has a consciousness, which is the major energy of his soul, awake, while that of the animal is greatly diminished, and that of plants all the more diminished still.

Restaurants which practice only spiritual vegetarianism.

More and more restaurateurs and / or restaurateurs want some to know that being Jewish or Christian, they openly embark on the path of spiritual vegetarianism out of a deep belief and love for Krishna, God, the Supreme Person.

That the most important restaurants in the world awaken to this important aspect of health through nutrition is a great change of consciousness. This is the start of a new era, the one heralded by Chaitanya the Avatar of Gold, which will last 10,000 years.

During this period, it is said that the Name of Krishna will be pronounced all over the earth.

These restaurants which apply spiritual vegetarianism of course do not sell meat, fish or eggs, and all their menus are delicious. Such restaurants are opening more and more in the world, in Europe, in North America, in Australia and elsewhere.

Eating animal flesh causes disease.

Eating meat, fish and eggs not only harms land and water animals, but also harms all those who eat their flesh too, or their corpses as Jesus said. Consuming animal flesh poses a risk to human health, including serious consequences for the digestive system and the increased risk of contracting a fatal disease.

Today, with a succession of medical discoveries and scientists more striking than the others, it is now proven that the consumption of animal flesh causes many diseases. In some people, the viscera become blocked, and the teeth break.

The consumption and for some the overconsumption of meat, especially red meat, increases the risk of certain diseases (such as colon cancer, cardiovascular disease, obesity or type 2 diabetes). The links between the consumption of red meat and these chronic diseases were provided by the french agency *Anses (Agence nationale de sécurité sanitaire de l'alimentation, de l'environnement et du travail; in English: National Agency for Food, Environmental and Occupational Health Safety.)* in its last report.

WHO has officially classified red meat among the probable carcinogens in humans, and processed meats (cold cuts, nuggets, corned beef, cordon bleu, etc.) among certain carcinogens in humans.

A study carried out by scientists at the Harvard School of Public Health, recalls that eating too much meat, especially red meat, cold cuts and other processed meats, is associated with a risk of mortality and of major chronic diseases, especially coronary heart disease.

By following the health of 43,000 men over 30 years, the study also shows that replacing red meat even once a day with quality vegetables [cereals whole, legumes, nuts] reduces the risk of heart disease.

The *Centre international de recherche sur le cancer (CIRC)* agrees, stating that excessive consumption of red meat [beef, veal, pork, goat, lamb], and cold cuts [sausages, cured ham, bacon, etc.], promotes the risk of colorectal cancer. to the formation of aldehyde, a compound harmful to DNA and cells.

On the other hand, nitrites, an additive which gives ham its pink color, would lead to the formation of N-nitrosated compounds [nitrosamines or nitrosamides], which are carcinogenic.

In addition, saturated fat in meat also tends to clog arteries and promote cardiovascular disease.

Red meat accelerates the aging of our arteries. The more red meat we eat, the faster our arteries age.

“Nothing will do more to increase the chances of survival on earth, than adopting a vegetarian diet”. Albert Einstein.

Non-violence and respect for terrestrial, flying, crawling and aquatic animals.

My mother was convinced, and in this regard I have kept his convictions, that killing animals to feed on their flesh and blood is one of the most deplorable and the most shameful infirmities of the human condition; that it is one of those curses cast on man by the hardening of his own evil. She believed, and I believe like her, that these habits of hardening the heart towards the sweetest animals, these immolations, these appetites for blood, this sight of palpitating flesh, are made to ferocious the instincts of the heart.

(Lamartine)

Let us no longer eat terrestrial and aquatic animal flesh.

The poet Shelley was a committed vegetarian. In his essay entitled *“A Vindication of natural Diet”*, he wrote: *“That the supporters of the meat diet force themselves to a conclusive experiment on the merits of such a diet and, as Plutarch recommends, that they tear a still living lamb with their teeth and, plunge their heads into its vital organs, quench their thirst in the steaming blood... Only then will they be in accord with their convictions”.*

Shelley's interest in vegetarianism was awakened while he was studying at Oxford. He and his wife Harriet adopted him shortly after their marriage. In a letter dated March 14, 1812, his wife wrote to a friend: *“We gave up meat to adopt Pythagorean thinking”*. Shelley describes, in her poem *“Queen Mab”*, a utopian world where humans do not kill animals for food.

“Never more henceforth

Will he kill the lamb that looks at him

*To monstrously devour his tattered flesh,
Who, avenging yet the broken law of nature,
Ignited all putrid moods in his body,
And all the disastrous passions, all vain beliefs,
Hatred, despair and disgust in his mind,
The seeds of misery, crime, disease and death".*

Eat animal flesh is to feed on corpses

The playwright George Bernard Shaw strove to adopt vegetarianism from the age of twenty-five. He specifies in his autobiography: *"Shelley was the first to make me realize the barbarity of my diet"*.

His doctors warned him that his vegetarian diet would kill him. He was asked when he was old why he did not return to see them to show them the benefits he had received. He replied: *"I would like, but they have all been dead for years"*.

Someone once asked him: *"How is it how young you look?"*.

"On the contrary, he retorted, I look my age. These are the others who appear older than their age. What can we expect from people who eat only corpses?".

To emphasize the connection between the consumption of animal flesh and the violence that reigns in human society, Shaw writes:

*"We pray on Sundays that a light
Come to illuminate our path;
We are tired of fighting, disgusted by the war,
But we savor murdered beings"*.

The hell of the slaughterhouses.

Every year, approximately 268 million mammals and 6 billion birds are killed in the Americas and Europe for food. But few are those who consciously establish the relationship between this slaughter and the meat that makes up their menu. Here is a relevant example:

A television commercial shows a clown, Ronald MC Donald, informing the children that burgers grow in squares of land reserved for this purpose. The truth is not so

rosy, commercial slaughterhouses are hell. The howling animals, stunned with hammers, electric shocks or automatic pistols, are hoisted into the air by the legs and conveyed on conveyors to these factories of death. Often, their throats are slit and butchered while still alive.

Describing his reaction to a visit to the slaughterhouse, tennis champion Pater Burwash writes in his book *"A Vegetarian Primer"*:

"I am not a sensitive and shy person. I played hockey until I lost half of my teeth. A great competitive spirit drives me on the tennis court... But this visit to the slaughterhouse really moved me. When I got out, I knew I would never hurt the animals again. I knew all the physiological and ecological arguments in favor of vegetarianism, but it was this experience of human cruelty to animals that convinced me of the need to be vegetarian".

Gandhi and Vegetarianism

It stands to reason that Gandhi, the apostle of nonviolence of the twentieth century, was a vegetarian. His parents, pious Hindus, never fed him meat, fish or eggs. Under British rule, the ancient customs and principles of Indian culture were greatly threatened. Under such pressure, many Indians adopted the western meat diet. Even Gandhi fell victim to the advice of his classmates, who prompted him to eat meat under the pretext that it would increase his strength and courage. But, returning later to vegetarianism, he writes:

"We must correct the misconception that vegetarianism has made us weak in mind, passive or inactive. I do not deem animal foods necessary at any stage".

Author of five books on vegetarianism, Gandhi ate daily on wheat germ, marzipan, green vegetables, lemon and honey. He founded *"Tolstoy Farm"*, a community based on the principles of vegetarianism. In his book *"Moral basis of Vegetarianism"*, he writes:

"I argue that meat eating is not suitable for gender human. We are wrong to imitate animals if we are superior to them".

He believed that ethical principles support lifelong vegetarianism more firmly than health reasons:

"I believe that spiritual evolution requires, at some stage, that we stop killing our animal brothers for the satisfaction of our bodily desires".

We are all creatures of God.

Nobel Prize winner Isaac Bashevis Singer went vegetarian in 1962, at the age of fifty-eight. Of course, he says, I regret having waited so long, but better late than never.

He finds that vegetarianism is very compatible with the Judaic mysticism he practices.

“We are all creatures of God. What a contradiction it is to implore the Lord's mercy and justice while continuing to eat the flesh of animals slaughtered for us”

While he appreciates the healthy side of vegetarianism, he says moral consideration is of utmost importance.

“Even if it was proven that eating meat is good for health, I would not adopt it”.

Intellectual justifications for eating animal flesh infuriate Singer

“Various philosophers and religious leaders seek to convince their followers and followers that animals are but soulless machines and devoid of feelings. However, anyone who has ever lived with an animal, be it a dog, a bird, even a mouse, knows that such a theory is a daring lie, invented to justify cruelty”.

Words of wisdom.

You should not envy any living, mobile or stationary being. Knowing that Krishna, God, the Sovereign Person, in his Supreme Soul form is in each of them, you should show respect to all at all times. By doing so, it is to God that you will make an offering of respect.

The humble sage, enlightened by pure knowledge, sees with an equal eye the noble sage scholar, the cow, the elephant, or the dog or outcast. He who sees the spiritual soul and the Supreme Lord as always distinct from one another is very dear to the Lord. The Supreme Lord stands in the hearts of all living beings, humans, animals and plants, and directs their wanderings to all, who are each as on a machine (a body) made of material energy.

from ignorance, the materialists know nothing of their true interest and of the way which allows one to succeed in life. Their lustful desires chain them to material enjoyment and all their plans are designed for this purpose. For the fleeting satisfaction of their senses, these individuals create a society based on envy. This state of mind sinks them into an ocean of suffering, and in their foolishness they do not even realize it.

By the pandemic linked to the current coronavirus, the Supreme Eternal give a warning to human beings; stop aborting, stop slaughtering animals, and do not eat no more meat, fish, and eggs.

Krishna, God, the Supreme Person has already given to the humanity in the past through various epidemics by way of warnings, such as typhus, plague, Spanish flu, etc., signs, so that they change their attitudes, repent, do penance, turn to God, that they apply its laws, its precepts and commandments, if they do not want to suffer any more, because human beings are themselves at the origin of their own sufferings. Nothing can happen without the approval, consent or sanction of God.

For a very long time now, almost 5,000 years, evil has been spreading throughout the earth, and has been increasingly accentuated since under 60. The number of iniquitous and atheistic disbelievers is increasing, with the complicity of equally iniquitous governments, which allow the opening of slaughterhouses and fisheries, where very many animals, terrestrial and aquatic, are killed for the sole pleasure of human carnivores. their senses, their interested desires, and their taste buds. stingy and haughty, companies with a materialist philosophy, unscrupulous calculating financial circles, slaughterhouses and fisheries. The Lord's purpose, to bring them down by touching the staff who work there, so that the leaders change direction, and lean towards the suffering human mass and abandoned by the states, and look to the Lord. [Many slaughterhouse staff around the world are affected by covid-19, bringing the activity of these death centers to a standstill in the United States, Canada, France, Germany, Ireland, and Australia including].

Governments must shut down slaughterhouses and fisheries, which kill millions of innocent land and water animals around the world every day, as well as butcher shops and fish markets, which market the corpses of killed animals. They must also protect all terrestrial, crawling, flying, aquatic animals and all plants, wherever they are in the world.

The human form must allow the soul which obtained it, to reach the spiritual realization, to deepen the science of God, to know God as He really is, and to discover the ultimate goal of existence, which is none other than Krishna, God, the Supreme Person.

The The first duty of a king or a head of state is to watch over his people, and to protect all his citizens, whoever they are. All human beings who make it up are considered citizens of a state, but also all terrestrial, crawling, flying, aquatic, wild and domestic animals, as well as all plants. Everyone, humans, animals and plants are living beings who have the right to live, because each of them is a soul embodied in a specific body.

As such, monarchs and heads of state must ensure what no one attacks the life and integrity of all citizens, humans, animals and plants combined.

By the law of action-reaction, or law of cause and effect, all thoughts, words and actions lead to positive and negative effects, which inevitably provoke in the present end of life already, but certainly in the next existence, positive consequences for the virtuous, and negative for those guilty of odious acts. God lets us act at our peril. There where human justice does not act, because lax, divine justice, it always accomplishes its work, and sanctions those guilty of iniquitous acts.

Those who walk with God in virtue, and who obey him, take refuge in Him. What could be more natural for a virtuous being in danger than to think of God, who will protect him. Let him face imminent peril, and the Lord will protect him.

The Lord said: *“Abandon yourself to Me, and I will take you under My protection”*.

It is time that all human beings without exception adopted the principles of spirituality such as austerity, purity, compassion and truthfulness

It is the duty of every head of state to ensure that the principles of spirituality, austerity, purity, compassion and veracity, are established throughout its territory and that the principles of irreligion, vanity, illicit carnal unions, outside marriage, prostitution, intoxication and duplicity, be stopped by all means, that is to say by severe or even penal sanctions.

All virtuous kings and heads of state reign under the authority of God. They act with the enlightened guidance of learned wise spiritual masters, who are competent in matters pertaining to the spiritual upliftment of mankind, while they, as rulers, specialize in the art of instituting peace and material prosperity within society. These two groups are the pillars of universal happiness, so they must act together in perfect union for the common good of all living beings, human beings, animals and plants.

Awakening Spirituality comes through the receptivity of all human beings, and the basic principles of spirituality, austerity, purity, compassion and truthfulness, favorably contribute to awakening and spiritual knowledge.

Cooperation between kings, heads of state and wise spiritual masters creates a wonderful atmosphere, which allows the propagation of spiritual philosophy and divine knowledge for the good of all living beings.

Finally, compassion c t is to ask all the king's subjects or all the citizens of the head of state to spread a spiritual atmosphere within society, both individually and collectively. It is also vital to encourage the spread of the principles of God consciousness and the wisdom of Krishna, God, the Supreme Person, which advocate acting only to the satisfaction of the Supreme Lord, diligently listening to the accounts of entertainment of the Sovereign Person with qualified wise scholars or realized souls, to hum the collective song of the glories of God in the home or in places of worship, to serve in various ways the pure devotees of Krishna, who are devote to preaching the record of the entertainments of God, the Supreme Person,

and to establish his residence in a place where the atmosphere is saturated with divine consciousness.

If all kings, heads of state and rulers governments of the world, who have the duty to ensure the protection of all their citizens, human beings, animals and plants, do not now decide to close slaughterhouses, fisheries, butcheries, fishmongers, livestock farms. are various animals and fish, which must subsequently be killed and marketed for the sole pleasure of the senses of carnivorous humans, as well as all businesses with harmful activities where alcohol, tobacco and tobacco are found and sold, coffee, tea, and drugs,

If all human beings without exception in the whole world do not regain their sanity, do not change their way of thinking, of speaking, of acting and among them, those who indulge in abortion, irreligion, materialism, atheism, racism, the mind clouded by hatred, permanent anger, pride, avarice, selfishness, excessive envy, duplicity, dishonesty, incivility, deceit, deceit, misfortune, discord, in short, wickedness in all its forms,

If all governments and human beings around the world do not now decide to obey God and carry out his divine laws and commandments, and not to harm any living being anywhere either in the world, all human beings whoever they are, all terrestrial, crawling, flying, aquatic animals, and all plants in their diversity, because all have the right to live,

then another pandemic will occur in the future, even more dramatic, which will wreak even more havoc by stopping the materialist economy and the killing of innocent animals. This time it will compel all mankind to change course, to follow and apply the guidance and direction of Krishna, God, the Supreme Person.

When the nation is governed by the mentioned principles above, the consciousness of God then spreads naturally everywhere, for the good of all living beings, humans, animals and plants.

The Supreme Eternal says:

As the rain and the snow come down from the heavens and do not return there without having watered, fertilized the earth, and caused the plants to germinate, without having given seed to the sower and bread to he who eats, so is My word, which goes out of My mouth. It does not return to Me without effect, without having carried out My will and accomplished My purposes. **(Isaiah 55: 10- 11)**

I will punish the world for their wickedness, and the wicked for their iniquities. I will put an end to the pride of the haughty, and I will overthrow the arrogance of the tyrants. **(Isaiah: 13.11)**

I speak through My servants, and I fulfill their promises and their threats, because the future is between My hands. **(Isaiah: 44.26)**

Let all the earth fear the Lord. Let all the inhabitants of the world tremble before Him, for He says, and it happens, He commands, and she exists. **(Psalms 33: 8- 9)**

Warning from Joshua: Here I am soon leaving this world. Now acknowledge it with all your heart and with all your soul, that not one of all the promises of the Lord your God has been without effect; they have all come true.

Well! As all the promises which the Lord your God spoke to you have been fulfilled, so the Lord will fulfill all threats, until He destroys you in this earth. **(Joshua 23: 14- 15)**

Whoever kills a human being or an animal will be killed in turn

Those whose job it is to kill thousands of animals, such as slaughterhouse priests, so that others can buy their flesh for eat, must expect to suffer the same fate as these animals, life after life. It will be the same for all hunters and anyone who kills an animal, for whatever reason. In reality, there is no justification for taking the life of a living being.

Many scoundrels violate their own religious principles. The holy Judeo-Christian scriptures clearly state: *"You shall not kill"*. However, even religious leaders, under various pretexts, indulge in the slaughter of animals while posing as holy beings. Such a farce, such hypocrisy within society engenders countless plagues, hence the great wars which break out periodically. Masses of such individuals clash and kill each other on the battlefield.

Those whose job it is to kill thousands of animals in slaughterhouses, so that others can buy their flesh to eat it, must expect to suffer the same fate as these animals, life after life.

God has ordered: *"You shall not kill"*. *"He who lives by the sword will perish by the sword"*.

Those who are animated by hatred, these demonic disbelievers in the service of Satan who, having turned their backs on God and rejected his divine laws, have decided to shed innocent blood, will suffer the same fate life after life and will have to suffer from it now. I speak to them and say to them: Obey God and do not take the life of anyone. Whoever takes the life of a human being or a terrestrial and aquatic animal, will suffer the same fate from his next life, and life after life in proportion to the number of lives taken. The suffering they will experience will be terrible. No one can escape the sanction of divine laws and divine justice. Do not kill, do not make animals suffer, and do not eat their flesh, for they have a soul. Men are still unaware that divine laws prevail over human laws, and that they suffer the consequences of

their actions according to the law of action-reaction, the law of cause and effect and also called karma.

The original holy scriptures say : *“All the animals that we have killed and that we have made to suffer needlessly will kill us one after the other in our next life and in all our other lives”*

Those who kill animals, cause them needless suffering and eat their flesh, as is the practice in slaughterhouses and fish and aquaculture ponds, will be killed in a similar way in their next life and in many lifetimes to come. There is no forgiveness for such an offense. Anyone who professionally kills thousands of animals so that people can buy and eat their flesh should expect to be killed in a similar way in their next life and in many other lifetimes. Many unscrupulous individuals even go so far as to violate their own religious principles. The Judeo-Christian Scriptures clearly give the following command: *“You shall not kill”*. Despite this, giving themselves all kinds of excuses, even the leaders of these religions kill animals while posing as holy men. This derision and hypocrisy of humanity are the cause of the calamities which overwhelm it, such as the periodic outbreak of wars, epidemics and various calamities. Killing animals will not only rob us of human form in our next life, but will force us to put on an animal body and be killed by the same kind of animal that we killed. These are the divine laws. If the mass of people is to be saved from these chain reactions of life after life killing, they must now devote themselves to developing Krishna consciousness, God consciousness and stopping all sinful activity.

It is imperative to stop eating meat, fish, eggs, drug use, illicit sex and gambling. Ending these sinful acts allows us to know God. Let us immediately stop committing these sins and sing the holy Name of God; Haré Krishna, hare Krishna, Krishna Krishna, hare hare / hare Rama, hare Rama, Rama Rama, hare hare, in order to free us from the cycle of deaths and successive rebirths and thus to see all our sins erased, and to live in holiness.

The killing of animals in slaughterhouses, fish and aquaculture ponds is the major cause of all conflicts.

In the present age of discord, strife, hypocrisy and sin, the tendency to show mercy has almost completely disappeared. This is why men and of course nations are engaged in incessant battles and innumerable wars.

Human beings still do not understand that by blithely slaughtering so many animals, they condemn themselves to be killed in future wars. This is evident in Western countries. In fact, the slaughterhouses are operating at full capacity and every five or ten years a great war breaks out in which countless men are slaughtered even more cruelly than the animals. Sometimes during these wars, the prisoners are locked up in concentration camps where they are tortured and where they are cruelly massacred.

These are the consequences of the systematic murder of animals in slaughterhouses or in hunting and fishing.

These proud demonic disbelievers ignore the laws of nature, the laws of God, so they mercilessly slaughter these poor animals. The massacre of civilians in wartime corresponds to the consequences of their sinful acts. This is the law of nature.

Closing slaughterhouses, fish ponds and aquaculture ponds must be everyone's priority

All living beings, humans, animals and plants interact and fulfill a useful role for others.

Every member of every community, in human society, as well as in the animal kingdom, every cow, dog, goat, lion, elephant, ant, etc., has a role to play. Everyone must work in harmony with the others, for the benefit of all humanity, which does not only include mobile beings, humans and animals, but also still beings, plants, mountains, the hills, the land. The community of traders and farmers, through the production of cereals, the protection of cows, the transport of food when necessary, and financial activity, are particularly responsible for the economic progress of society.

The words of Krishna, God, the Supreme Person, teach us as well that even cats and dogs, in short all animals, although seemingly unimportant, should not be overlooked, for they too follow the path of God. spiritual evolution. The protection of the cow however keeps the first place. Likewise, the outcasts and the untouchables should not be "*forgotten*" by the upper groups of society. Each being is important, some, however, are primarily responsible for the progress of human society, others more indirectly. When Krishna Consciousness reigns, or God Consciousness, everyone finds what will be for him the highest benefit.

The man who is at the top of living beings on earth, has received from God the order to watch to the well-being of all his fellows, but also of all animals, all plants, as well as mountains, hills and the entire earth. All living beings, humans, animals and plants interact and fulfill a role useful to others.

This is why God commands us not to harm anyone, humans, terrestrial, crawling, flying, aquatic animals, plants and the whole earth.

The virtuous being is naturally non-violent, compassionate and benevolent towards all living beings.

Being Mindful of the lives of all living things, when the virtuous holy being walks the path, he always looks ahead to make sure that he is not going to run over any tiny insect or even an ant that he meets.

Whatever the circumstances of time and place, even when he finds himself in difficult conditions, a holy being never forgets that he must have a benefactor activity towards all the beings he meets, because they all belong to the same divine source, God. He can never forget that his duty is to be careful not to kill even an ant. Indeed, a devotee or a devotee of God, should never be malicious or unnecessarily violent. Lots of insects cross the path we take, so watch our steps by constantly looking a meter in front of us, and when there are no ants or any other insects in our path, then put our second foot on the ground

The heart of a saint, a devotee or a devotee of God, always overflows with kindness towards all living beings, all human beings without exception, all crawling, flying, terrestrial and aquatic animals, and all plants in their diversity.

Living beings take on different bodily forms. However, materialistic unbelievers consider that only human beings are worthy of their compassion, and again only those who have the same color of skin as them, while Krishna, god, the Supreme Person Himself declares to be the Supreme Father of all beings whatever they are. Consequently, the holy being is careful not to destroy any form of life prematurely, unnecessarily, or even inadvertently.

In truth, each being must spend a certain time imprisoned in a particular material body, and he must reach the end of this time before evolving into another form of body. The fact of killing an animal or any other living being puts an obstacle in its path by preventing it from completing its period of imprisonment in a given body.

As a result, no living being should be killed for his own pleasure, under pain of being responsible for a sinful activity, and thus of being severely punished by divine justice.

Those who desire to attain the total perfection of existence should lend a submissive ear to words pertaining to the entertainment and the spiritual and absolute attributes of the Supreme Lord, who always acts in a wonderful way.

Systematic listening to the sublime entertainments, attributes and Names of Lord Krishna leads to eternal life. Systematic listening involves a deeper and deeper knowledge of one's Divine Person, which in turn leads to an evolution towards

eternal life. The glorification of the sublime deeds of Lord Krishna is precisely the prescribed spiritual remedy to neutralize the evils of birth, sickness, old age and death, which fall upon all beings conditioned by matter. Access to such a level of perfection is identified with the purpose of human life, and the attainment of spiritual bliss.

In truth, the human form granted to the soul which has incarnated therein is It is not made for the pleasure of the senses, but to achieve spiritual realization. The true nature of a human being is purely spiritual, and spiritual upliftment is a vital need for him. The human form is made to realize these essential truths, and to act on them. True progress is that which makes it possible to re-establish the relationship that once united us with God.

Perfect spiritual realization is the state of pure consciousness in which one recognizes oneself as being the eternal servant or the eternal servant of the Supreme Lord, Krishna. It is in this service of absolute love for the Lord that we find our original position.

To reach the state of holiness we must surrender ourselves to God and take pleasure in serving him with love and devotion. The service of love and devotion is the manifestation of love for God. We must cultivate this sublime love for God throughout our life, rejecting anything that can hinder our spiritual elevation, our spiritual realization, such as material pleasures, wanting to merge into the Absolute to become one. with him, or to pursue several other desires which fall under religion, increase in wealth, pleasure of the senses and liberation, salvation, in the form of self-interested calculation. We must also avoid breaking divine laws, devote ourselves to unnecessary activities that do not lead to God, take part in the slaughter or slaughter of animals, and seek material gain, fame and prestige.

Let us be careful, let us be on our guard, always take care from the start to avoid them, and our love for God will grow, healthy and uninterrupted. Thus tasting the love for God, the holy beings will truly live with Krishna, God, the Supreme Person in their present life already, and they will be able to see it at every moment.

The highest perfection of existence is to benefit of the presence of the Lord at every moment of his life, and he or she who tastes such happiness does not aspire to any of the ephemeral pleasures offered by the material universe.

All those who benefit from the grace of the Lord and who can enter into the spiritual kingdom of God, will never return to the material universe again.

The Lord makes this promise, in order to reassure pure souls: When they have reached Me, the spiritualists imbued with devotion, these great souls, these noble souls, never return to this transitory world where there is suffering.

the soul purified from all material defilements can reach perfection, and live in company of the Supreme Person an existence of perfect bliss and joy, and thus regain its original state. Anyone who can rediscover such devotional perfection never feels more attraction to the material universe, and never returns to it again. devotional service, they are then promoted on the spiritual planets. The number of forever liberated souls who live in the spiritual world far exceeds the number of souls who undergo the conditioning of the material universe, and these liberated souls never wish to sojourn in this sad universe.

In truth, because the pure soul enjoys the company of Krishna, God, the Supreme Person, the All Perfect, it knows perfect peace and satisfaction. To access the love of God, it is necessary to be perfectly free from all other aspirations. One reaches the level of love for God through pure devotional service, learning to work with love for the object of his love, for the Supreme Person.

Truly, who loves Krishna, God the Supreme Person, loves all living beings also; all human beings whatever they are, all terrestrial, crawling, flying, aquatic animals, and all plants in all their diversity. Anyone who wishes to reach the level of love for God must abandon all desire for material enjoyment and refrain from worshipping heavenly beings, in order to devote himself to the exclusive worship of the Supreme Lord. The pure being wishes only to offer favorable service to the Lord, without expecting anything in return, such is true love for God.

The golden rule.

Whatever you wish that others would do to you, do also to them.
(Jesus)

This is how to work in the consciousness of God

Do to others what you would like them to do do for you. Wish and desire for others, what you want and desire for yourself.

These thoughts sum up the ideal behavior that human beings should have towards all their fellow human beings, whoever they are.

It is to love all human beings with unconditional love, without reservations or ulterior motives. But it also means recognizing the same rights as we do. It is to see in our neighbor, whoever he is, a brother, a sister, a being as free as us.

It is to love all living beings; all human beings without exception, all terrestrial, crawling, flying and aquatic animals and all plants in their diversity of equal love, because it is recognizing that God has granted them too a place on earth, that they occupy by our side. It is recognizing that the lands we own on earth also belong to them, because God has made the whole earth, which is his only true property, available to all living beings without exception.

It is normal to find share, desire and wish everything with others. It is to desire to live happily, in harmony and in peace with all, under the authority and the reign of God.

Developing the consciousness of God makes it possible to see all living beings with the same eye, with one eye equal. The Lord said to this effect:

“The humble sage, enlightened by pure knowledge, sees with an equal eye the noble wise scholar, the cow, the elephant, or even the dog and the dog eater”.

“He who attains the spiritual level realizes at the same time the Supreme Being, and finds there an infinite joy. He never grieves, he never longs for anything. He shows himself equal to all beings. He then obtains to serve Me with pure love and devotion”.

The noble scholar puts all living beings on an equal footing and sees them all with the same eye, for he does not consider the different body of matter according to the species, but he sees only the soul which is found in each of the bodies, with the Lord at his side in his form of Supreme Soul also called the Holy Spirit. That's why he loves them all. The noble scholar puts all living beings on an equal footing.

The devotee of God is naturally compassionate, benevolent, and working for the true welfare of all mankind. They do not discriminate.

Krishna, God, the Supreme Person described by the words below, the spiritual perfection that can be experienced even in the material universe.

The devotee, envious of nothing, who behaves with all as a benevolent friend, who does not believe himself to be the owner, who is freed from the false ego [from the domination of matter, and identification with the body] and remains the same in joy as in sorrow, who forgives, who always knows contentment and engages with determination in devotional service, and whose mind and body are abandoned to the Supreme Lord, he is very dear to Me.

The devotee who never causes agitation for others and whom joys and sorrows do not affect, who in no way depends on the fashions of material action, the pure being, expert in everything, free from all anxiety, free from suffering, and who does not seek the fruit of his acts, this one is very dear to Me.

He who takes neither joy nor sorrow, who neither grieves nor covets, who renounces the favorable as well as the unfavorable, that one, My devotee, is very dear to Me. He who shows himself equal to friend or foe, who remains the same in glory or reproach, heat or cold, praise or blame, forever clean from all filth, ever silent, satisfied with everything, heedless of his lodgings, and who, established in knowledge serves Me with love and devotion, this one is very dear to Me.

He who, full of faith in this imperishable way of devotional service, commits himself entirely, making Me the supreme goal, this one is infinitely dear to Me.

You now know all the reasons major issues for which God asks us not to kill terrestrial and aquatic animals, not to destroy plants, and not to eat meat, fish and eggs. It's great to hear it, but it's even better to know why.

Real protection comes from God.

Real protection comes from God, who brings it, who gives it, who ensures it, and not the vaccine against covid-19. The proof is that vaccinated people still catch covid-19 and die from it.

If you decide not to obey God, do not do his will, disregard his advice and directives, and resolve to continue slaughtering animals, eating meat, fish, eggs, and to abort, the vaccine is of no real protection, because it protects only partially, momentarily, and does not cancel in any case the evil.

The supreme protection is obedience to God, surrender to His Divine Person, and the loving and devout service we offer Him.

True protection, the only one there is, comes from Krishna, God, the Supreme Person. This is why he is called the Almighty and the Supreme Protector.

The Lord said: *Abandon yourself to Me. By My grace you will know absolute peace, and you will attain My eternal and supreme abode. Abandon yourself to Me, and I will protect you from all perils.*

I grant faith and refuge to anyone who abandons himself to Me and vows to serve Me forever, for such is My nature. If someone becomes My devotee and fully surrenders to Me, I give them special attention.

I Promise, and I owe Myself, to always protect anyone who surrenders completely to Me.

It is hardly advisable to seek to protect oneself from all dangers, misfortunes or perils by one's means, by calling upon various vaccines or a few powerful people in this material world, because their actions are ephemeral and limited.

On the contrary, we must depend only on Krishna, God, the Supreme Person. In truth, no one can protect those whom God has decided to sanction or take away their lives, and conversely, no one can harm or kill those whom the Lord protects.

One of the qualities that a spiritually advanced person possesses is the absence of fear. This person can live alone, without any support or without the certainty of support, he knows that he depends on the mercy of God. She is convinced that Krishna, God, the Supreme Person is always in her heart and thus He sees all and knows all of his thoughts, intentions and actions. She knows with certainty that the Lord protects the soul which has surrendered to Him and that she will never be alone, because present at her side He will grant her all his protection.

The Lord also said to this effect: You can proclaim it with force, My devotee will never perish

Krishna, God, the Supreme Person in his absolute, original, personal form, is the safe haven and protector of all beings wherever they are in the universe. He alone preserves from all anxiety, from all fear.

He is the Supreme Eternal, the Sovereign Lord, the only totally spiritual Being. There is no difference between his body and his Supreme Soul. Because He is Pure Spirit and absolute in nature, his fame, glories, attributes, excellences, entertainment, and divine activities are no different from his own Person. From his Person come all the elements necessary for the maintenance of existence. Everything has its origin in Him.

He is the Supreme Lord, the Master of all conceivable and inconceivable powers, the Absolute All, the Absolute Truth. He is the one who supports, who protects, who directs, who stimulates and who creates.

This is why He is the cause of all causes, the only true owner of all that exists, and the only beneficiary of the fruits of all actions and all that is. He is the best Friend of all beings.

The Lord says: Before the creation of the cosmos, I alone exist to the exclusion of all gross, subtle or causal phenomena. After creation, I alone live in all things, and the time of annihilation has come, I alone remain forever.

When we think that our family, friends and acquaintances are far from us helpless and in poverty, our thought is indeed the fruit of ignorance of the data relating to the truth, and ignorance alone.

Each living being receives by the will of the Supreme Lord, sustenance and protection, according to the position he has acquired in this world. This is why the Lord is called

the Supreme Protector. Knowing that He supports all beings, everyone should only care about their own duties, because the power to truly protect others, no one has, except the Supreme Lord.

The highest, the most perfect humanitarian enterprise, consists in bringing each human being to practice and to teach the service of love and devotion offered to God throughout the world, for this work alone can tear the soul from the grip of delusion, material nature, devastating time and karma.

The Lord said: *It is only through devotional service, and only so, that one can know Me as I am. And the being who, through such devotion becomes fully aware of My Person, can then enter My absolute realm.*

The Supreme Lord, Krishna, grants his protection to all beings, for of All He is the Supreme Guide, the Supreme Protector, the One Absolute without a second. Anyone who knows him can attain eternal peace.

The Lord grants his protection to beings of various levels through his multiple energies, but his pure devotees He protects them Himself.

Seing a pure soul born in a family is a great fortune for that family, because its ensures ascendants and descendants over a hundred generations, to be freed by the grace of the Lord, as a sign of the respect He shows to his dear devotee. The highest benefit that one can bestow on one's family is therefore to become a pure devotee of the Lord.

Krishna, God, the Supreme Person is vegetarian, like Him, let us adopt spiritual vegetarianism.

The Lord said: *May they offer Me with love and devotion, a leaf, a flower, a fruit, water, this offering I will accept it.*

After showing that He is the original Lord, the supreme beneficiary and the true object of all sacrifices, Lord Krishna reveals what offerings He desires to be presented and offered as an oblation.

If indeed we desire to devote ourselves to the Lord through devotional service and thus purify ourselves in order to reach the goal of existence, which is precisely the service of absolute love of the Lord, the first thing is naturally to know this that He expects from us. The one who loves Krishna will offer Him whatever He desires, and not of course, what He displeases or what He did not ask for.

Also, we must not offer Him meat, fish and eggs, which He will not accept. In fact, the Lord clearly indicates the offerings that He desires to be made to Him and that He will accept, as He confirms; a leaf, a flower, a fruit, water. If He had wanted meat, fish, and eggs, He wouldn't have failed to say it or mention it. So we must understand that He will not accept such offerings. Vegetables, grains, fruits, milk and water make up a

food suitable for human beings, and recommended by Krishna, God, the Supreme Person Himself. No other food is to be offered to Him, since He will refuse it. If one does not respect his desire, how can we speak of love and devotion to God, concerning the service and the feelings we feel towards him?

Lord Krishna explains that only the reliefs of the food offered in sacrifice are pure, and suitable to nourish those who seek to progress towards the goal of existence, to finally free themselves from material entanglement. All food, all meals must first be offered as a sacrifice to the Lord before being consumed. Of those who do not offer their food as a sacrifice, He specifies, they eat only sin. In other words, every bite they swallow drives them deeper into the intricacies of material nature.

On the other hand, preparing simple and tasty vegetarian dishes, offering them in front of the image of Krishna or in front of his representation in the temple, prostrating himself and begging him to accept our humble offering, this is what allows us to progress step in life, to purify our body, to produce finer brain tissue, and therefore to clarify our thoughts.

But above all, the offering must be made in a feeling of love, for Krishna does not need food, He who already has all that is. But He accepts the offering of anyone who wishes to please Him in this way. The dominant factor in the preparation, presentation and offering of such foods, the main ingredient is love for Krishna, God, the Supreme Person.

In truth, Krishna, God, the Supreme Person has spiritual senses. It is said of his senses, that each of them can perform the functions of all the others. Hence the qualifier, Absolute, which is attributed to Him.

Also, by the simple fact of hearing the words of love uttered by his devotee when he presents his offering to Him, He can truly eat, taste the food which is placed before Him. This is a very important point to understand, because Krishna is absolute, his sense of hearing can perform the functions of his sense of taste, the fact of hearing, for Him, is in no way different from the fact of eat or taste. But only the holy being who, without vain interpretation accepts Krishna as He describes Himself, can understand that the Absolute Truth [which is none other than Krishna Himself], can take food and be to delight in it.

It is necessary to adopt the vegetarian diet if we want to practice spirituality in its pure essence.

In truth, all spiritual practices aim at the purification of the being, and the nourishment must also contribute to this end. Our physical makeup and mental attitude are determined by our diet. Also, the original holy scriptures recommend to those who wish to become aware of Krishna, God, the Supreme Person, to honor the reliefs of the consecrated food which they will have previously offered to the Lord.

If we eat the food consecrated and offered to God beforehand, we will contract the consciousness of God.

As you can see, the Lord does not ask us to offer Him anything else. In truth, Krishna is a vegetarian. Being God, Krishna can eat whatever pleases Him. He tells us that we can offer Him with love and devotion, a leaf, a flower, a fruit, water, but He never asked us to offer Him meat, fish, eggs and wine.

The consecrated meal first offered to God makes us immune to material defilement.

During an epidemic, we vaccinate people to make them immune to the microbe. Likewise, when one takes food first offered to Lord Krishna, one can resist all attacks of material energy. He who always acts thus is called a devotee of the Lord. In this way, the Krishna conscious being, who eats only food offered to God, can erase all the consequences of his bad relationship with matter and open the way to spiritual realization.

On the other hand, those who do not continue to increase the volume of their culpable acts. They are thus preparing another body, like that of a dog or a pig, in which they will have to suffer the consequences of their sins. Material energy is the source of all contaminations, but the one immunized by the food offered to Krishna escapes its attacks. Everyone else is a victim, without recourse.

In truth, when we only eat vegetarian foods that we first offer to God, then these are purified, because they are accepted by the Lord. We thus free ourselves from our karma and we become immune to any material contamination.

It is forbidden to eat meat, fish and eggs, because in truth to eat meat is to participate in the unnecessary slaughter of other living beings. It elicits bad karma reactions in the present life or the next. The laws of karma specify that whoever kills an animal for food will himself become a victim in his next life and will in turn be devoured.

Verily, the punishment for a crime is justified, for it brings about righteousness and restores rights. Therefore, whoever kills an animal must expect the same fate. This is true righteousness.

According to divine law, righteousness requires that the murderer be condemned to death. It would be unfair to spare him since by escaping death, he also escapes justice, he will then have to suffer terribly in his next life. In order to save him from such torments, the murderer must be put to death in his present life.

The justice which condemns to the death penalty any murderer does him true justice and shows mercy by taking life for life. According to spiritual philosophy, the person who kills an animal should expect the same fate. No sane person would take such a risk.

There is also some karma in taking plant life, but it is nullified by the process of offering food to God, because the Lord says that He accepts such vegetarian offerings.

One must also renounce exciting and toxic substances, including coffee, tea, alcohol and tobacco. To be intoxicated in this way is to be influenced by ignorance, and may lead to an inferior birth in our next life.

Other techniques that allow us to break free from the cycle of repeated rebirths include offering the fruits of our labor to God. All human beings must work in order to provide for their bodies, but if one acts only for one's own satisfaction, then one must accept the consequences of karma, whether good or bad, in his future life.

Certainly, we must act for the satisfaction of the Lord. This action takes the name of devotional service, and it is free from all karma. To act in the consciousness of God is to make sacrifices.

Human beings have to sacrifice their time and money for the satisfaction of Krishna, the Supreme and Sovereign Being. The action should be offered as a sacrifice to God, lest it bind its author to the material world. The action performed as devotional service not only preserves the person concerned from the reactions of karma, it also gradually raises him to the service of spiritual love offered to the Lord, such is the key which allows access to the kingdom of God.

Adopt spiritual vegetarianism.

Spiritual vegetarianism consists in eating plant foods and dairy products after having first offered them to the Lord. If we adopt this mode of sacrifice which consists in purifying our food by offering it to God before eating it, the Supreme Lord will protect us from all karma resulting from the destruction of plants. Otherwise, according to the law of karma, the law of action-reaction or the law of cause and effect, we will be personally held responsible for such an act, and will have to suffer the consequences.

Righteous beings, servants of God, who naturally follow the directives of the Supreme Lord are freed from all faults, because they eat only consecrated food, offered in sacrifice to God.

But those who prepare food (meat, fish, egg) for their sole pleasure of the senses, in truth feed only on sin.

Human beings are provided with cereals, fruits, vegetables and milk, by the grace of the Supreme Eternal. To thus nourish ourselves with sanctified food, protects us from karma, promotes our spiritual progress, and allows us to live in holiness. We can sanctify our meal by offering it as a sacrifice to God, in these terms:

“Allow me Lord to present my respectful homage to you. Allow me Lord to offer you this meal, or this humble offering. Hare Krishna, hare Krishna, Krishna Krishna, hare hare / Hare Rama, hare Rama, Rama Rama, hare hare”

This song in Sanskrit means: *“O Lord, O source of all happiness, please make me your beloved servant”*.

Whoever serves Krishna with love and devotion lives in direct relation with Him. Also, its position is it in all certainty, spiritual, from the beginning of its practice. Indeed, the holy being no longer lives on the material plane, for he lives in Krishna.

Because the Holy Name of the Lord is not different from Himself, Krishna and his internal power dance on the tongue of being holy when he sings *“Hare Krishna”*. The Lord directly accepts the food offered to Him by his devotee, and the holy being, by eating the reliefs of this offering, becomes *“Krishnaised”*, purified.

We do not drink anything [water, syrup, lemonade, fruit juice, milk, creamy yogurt, etc., but especially no alcohol], do not eat anything [whole grains, legumes, oilseeds, fruits, vegetable creams, cheese, etc. but above all no meat, fish and egg], without first offering it to Krishna, God, the Supreme Person. Let us also offer Him all our acts, our day, our existence, our life, in short everything that we do and have, so we will live constantly in purity.

Let us obey God, and do his will only, and observe his laws and his commandments. But if we want to live in holiness, let us apply to the letter the regulating principles of the Supreme Lord, the content of which is as follows:

You will not eat meat, fish or eggs

You will not have sexual intercourse out marriage.

You will not take any drugs, nor any exciting or intoxicating substance, such as alcohol, cigarettes, coffee and tea.

You will not play any gambling.

Our existence will be therefore a success, because anchored in purity.

God put in plants everything we need.

God put in plants nutritional elements allowing optimum optimization of the various material bodies, humans and animals. Also, why eat meat, when plants offer a lot more, and keep the different material bodies in perfect health?

These are evil and criminal beings, who say that meat is good for the body, because it provides protein and iron. But they won't tell you that plants provide much more, and don't make you sick.

For example, you will find below a non-exhaustive list of foods rich in protein and iron.

Foods rich in protein: Quinoa (contains more than meat), almonds, cashews, hazelnuts, soybeans, peanuts, lentils, chickpeas, barley, green beans, white beans, kidney beans, corn, milk, oatmeal, sesame.

Foods rich in iron: Quinoa, lentil, white bean, red bean, spinach, tofu, sesame, soybean, olive, cocoa powder, cooked pistachio, almond, cashew, oatmeal, hazelnut, dry date, wheat bran, dark chocolate, cumin, chicory.

So, now knowing that plants are much better for health, we no longer eat meat, fish and eggs.

En Truth is, it is not oneself that must be sought to satisfy, as living beings believe in the material world. Unless one satisfies the will of God, one cannot claim to observe the true principle of spirituality. Thus, the interest of the human being is to do the will of God, in order to please the Lord. Such is the perfection of existence.

Warning to human beings.

God possesses absolute power, He alone rules Everything. Man has, in truth, no power, but he ignores it.

The pandemic that is currently raging across the earth is a warning that God is giving to human beings. His order is; *“Stop aborting, killing animals, and eating no more meat, fish and eggs”*.

If all governments and all human beings around the world do not obey God and apply his laws, his precepts, his divine commandments, and not to harm any living being anywhere in the world, all human beings whatever they may be, all animals terrestrial and aquatic, and all plants in their diversity, because all have the right to live, then another pandemic will occur even more dramatic, which will cause even more devastation by stopping the materialist economy, by closing all slaughterhouses and all breeding ponds, by stopping the sale of alcohol and all products containing it, by blocking the sale and consumption of drugs and exciting products such as cigarettes, coffee, tea, by putting an end to the killing of all innocent animals, and by permanently closing all points of sales of meat, fish, egg, and all seafood.

This time it will compel all mankind to change direction, to follow and apply the advice and guidance of Krishna, God, the Supreme Person.

From time immemorial, God has asked us not to kill human beings or animals and not to destroy plants. But he also asks us not to eat meat, fish and eggs.

The Supreme Eternal said: *Behold, I give you all the vegetation bearing seed which is found on all the face of the earth, and all the trees which bear fruit bearing seed, it will be your food.*

The Lord makes it clear, *“that will be your food”*.

In truth, Krishna, God, the Supreme Person, the Sovereign Lord, never said: *“You can eat of meat, fish and eggs”*.

He never said either: *“You can eat the flesh of certain animals, only those who are pure”*.

Those who claim that the Lord made these words are liars, demonic disbelievers, who by these lying words dare to offend God and disrespect Him. On the other hand, they lead men astray by leading them in the wrong direction, into darkness and perdition. Not only will they never enter the Promised Land, but they will also go to hell and never come out.

God ordered: *“Thu shall not kill”*.

By this simple and profound order of meaning, the Lord makes a generality, thus specifying that this command certainly concerns human beings, but also animal and plant. God, the Supreme Eternal, gave life to living beings, human beings, animals and plants, so no one has the right to take it away from anyone, without having to pay the price. Killing an animal for food is the most serious sin.

By telling human beings that He gives them the seed from plants and fruit trees, God makes them understand that such is their food. Men must not kill an animal if they want to feed themselves, because the lord specifies them that they are necessarily vegetarians. They can eat grains, fruits, vegetables, milk and dairy products.

God has provided man with sufficient vegetables, fruits, grains, legumes, dairy products, so absolutely does not need to open slaughterhouses and other death centers, and kill land and water animals there. In fact, no society can call itself human as long as it engages in such atrocities.

I repeat again, there is a soul in a human body, but also in every earthly animal body and aquatic, and in each plant body. May all those who still ignore it, know that in each egg there is also a soul. It is thanks to the soul that the body of the human being, of the animal, of the plant and of course of the egg, in which it resides, develops, grows and lives. Take the soul out of all these various bodies, and they'll find themselves dead.

As long as human beings live in sin by eating meat, fish and eggs, they will never be able to know God. Now, the duty of the human being consists precisely in knowing Him, in loving Him and in serving Him with love and devotion.

Until 5,000 years ago, it was forbidden in the whole of India to kill a terrestrial and aquatic animal, and even less to eat its flesh. Throughout India the word of God mentioned above was respected and applied to the letter, because just and pure. The people did not eat meat, poison or egg.

On the other hand, it is only during the sacrifice of an immolated animal in honor of the goddess Kali in the temple dedicated to her, that the flesh of the immolated animal could be consumed by the followers present, and only on this occasion.

The Vedas, the original holy scriptures also called “*the true gospel*”, mention a sacrifice where one immolates a goat, a buffalo or a similar animal before the goddess Kali, in order to prevent human beings from eating meat, and thus become responsible for the killing of the animal whose flesh they are going to consume. This was the only condition where a human being was allowed to eat the flesh of an animal, only one that was slain in honor of the goddess Kali. Nowhere else and under no other circumstances was this authorized, because it was expressly prohibited.

Number of practices mentioned in the Vedic scriptures [of the Vedas, the original holy scriptures also called “*the true gospel*”] give rise to contradictions. It is said, for example, that one can immolate an animal during a very specific sacrifice, and that during the latter, only an experienced and competent priest should officiate, because only one capable of correctly pronouncing the holy hymns, which have the power to give new life to the sacrificed animal. This practice is now prohibited because there are no longer any experienced and competent officiating priests.

Vedic scriptures recommended, it is true, animal sacrifice, but let us know that in such sacrifices, the animal was not really killed. These sacrifices were indeed to bring him new life. Sometimes he would get another animal form, and sometimes he would immediately find himself promoted to human form.

Out of that context, killing an animal is always an abominable and forbidden act. This is why the holy scriptures grant certain concessions. In reality, the holy scriptures only aim to put an end to all these execrable activities, to prohibit the consumption of meat, fish and eggs, and clearly say that all actions must be carried out according to regulatory principles.

God condemns animal sacrifices, for by this foul practice life is taken from innocent animals.

Did the Lord not say?

What have I to do with the multitude of your sacrifices?

I am satisfied with the burnt offerings of rams and the fat of calves. I do not take pleasure in the blood of bulls, lambs and goats. When you come to present yourselves before Me, who asks you to tread on My courts?

Stop bringing useless offerings (stop animal sacrifices). Incense horrifies Me. I cannot see the crime with the solemnities. When you extend your hands, I turn My eyes away from you. Even though you multiply your prayers, I am not listening. Your hands are full of blood.

Who sacrifices an ox, strikes a man. He who sacrifices a lamb, breaks the neck of a dog. Whoever presents an offering and sheds pig's blood, all these delight in their ways and their souls find pleasure in their abominations, I too will take pleasure in

their misfortune, and I will bring upon them whatever causes their fear, because I spoke, and they did not listen.

If I was hungry, I would not tell you, for the world is Mine and all that fills it. Do I eat the flesh of bulls?

Do I drink the blood of goats?

The Lord adds:

For I love godliness, and not sacrifice, and the knowledge of God more than burnt offerings.

[For more on this subject, consult the book: “Do not kill, nor eat the flesh of animals”]

What's the real sacrifice?

The only sacrifice that man knows and that God strongly condemns is the one which consists in taking the life of an animal, and where a beast is slain in honor of a Divinity. God forbids this sinister sacrifice.

The real sacrifice is not the one where an animal is slain, no, the real sacrifice is the ceremony through which we seek to please God, the Supreme Person, to please Him.

Every human being must seek to know if God is satisfied with his behavior, with his actions. In other words, all of our actions should work towards the satisfaction of the Lord. Each of us should be concerned with whether Krishna, God, the Supreme Person is satisfied with his actions. Activities aimed at the pleasure of the Lord are prescribed in the holy scriptures, and performing them constitutes a sacrifice.

In other words, acting for the satisfaction of the Supreme Lord, Krishna, is called sacrifice. We must act only for the satisfaction of the Lord. This action takes the name of devotional service, and it is free from all karma. To act in the conscience of God amounts to making sacrifices.

Man must sacrifice his time and his money for the satisfaction of the Supreme Being. Action should be offered as a sacrifice to God, lest it bind its author to the material world, which is a world of suffering.

The action performed as devotional service not only preserves the person concerned from the reactions of karma, it gradually raises him to the service of spiritual love offered to the Lord, which is the key to accessing the kingdom of god.

Let us know that any act accomplished apart from the sacrifice binds its author to matter and retains him prisoner of this material world. If we do not act for the satisfaction of the Supreme Lord, Krishna, then we will be chained to the

consequences of our actions. We must not act for our own pleasure, but for that of God.

This is what is meant by sacrifice.

Verily, all divine beings, heavenly beings, are satisfied when a sacrifice is made. In the present age of discord, strife, hypocrisy and sin, the original scriptures indicate that intelligent men, in order to maintain peace and prosperity in society must make the only suitable sacrifice. singing the hymn of the Holy Names of the Lord;

Hare Krishna, hare Krishna, Krishna Krishna, hare hare

Hare Rama, hare Rama, Rama Rama, hare hare

We can therefore satisfy all heavenly beings by performing this sacrifice which consists in inviting people to sing "*Hare Krishna*", then to distribute a sacred meal. Peace and prosperity will then reign throughout the world.

In the present age, the execution of sacrifices has been simplified since by chanting "*Hare Krishna*", one can satisfy Lord Krishna, and at the same time fulfill all heavenly beings. This is the real sacrifice.

Without Krishna, God, the Supreme Person, the living being, the embodied spiritual soul is nothing and can do nothing.

In truth, without God, the embodied soul can neither see, nor hear, nor act without the active principle, God. The Eternal Supreme resides in the heart of all dense matter bodies, human, animal, and plant, and keeps all these inert, active matter bodies.

This is why all these moving and still bodies are temples of God. No one should destroy one of these bodies, one of these temples, for it is to reach the individual spiritual soul (which each of us is) and the Supreme Soul also called the Holy Spirit, God.

The Lord is the Master of all living beings, for no one can achieve his ends without God allowing it. He alone confers the fruits of deeds. Also, unless we are empowered by its energy, our senses cannot act. In other words, He alone sees, He alone acts, He alone hears. He is the only active principle and the Supreme Master.

In truth, the individual soul and the Supreme Soul live together in the body of dense matter, human, animal and vegetable. Although God is also present at his side in the material body in his Supreme Soul form, the individual soul cannot see him, nor is he aware that the Supreme Soul is directing him. She ignores that it is indeed the Supreme Soul who directs her senses when she seeks to enjoy the various material pleasures. The soul embodied and conditioned by matter feels desires and the Supreme Soul grants them.

It is very important to know that the Supreme Eternal resides in the heart of all matter bodies, human, animal and plant, and keeps all these matter bodies inert, active.

This is why it is forbidden to take the life of all living beings, humans, animals and plants, and to destroy the body of one of them, because this is to undermine the integrity of the individual spiritual soul as well as that of the Supreme Soul, God, who resides at his side.

We must not eat meat, fish and eggs.

A person fully aware of religious principles should never offer meat, fish or eggs in sacrificial ceremonies. Besides, no one should eat such things. When a suitable food, prepared with ghi, is offered to holy people, it pleases the ancestors and the Supreme Lord, who are never satisfied by the killing of animals under the pretext of sacrifice.

Send the animals various in the slaughterhouses so that they are killed and butchered, take out the fish from the oceans, the sea, the rivers, the rivers, the piscicultural and aquacultural ponds, as well as the molluscs and various beings with shell, with shell resulting from the oyster farming, mussel farming, shellfish farming, veniculture, cerastoculture, scallop farming, fish culture, and let them die of asphyxiation, in order to market their corpses, eat their respective flesh, are the sins the most abominable there are.

God has been asking people for millennia to close slaughterhouses, industrial and artisanal fisheries, fishmongers, butcher shops, various breeding ponds and other centers of death, when will they obey the Lord?

The causes of epidemics and other natural disasters.

Know, in truth, that nothing can happen or happen, without the approval, the consent or the sanction of God, for it is He who directs everything in the material cosmos as in the spiritual world. He is the Supreme Monarch.

In addition to the four sufferings inherent in the material world, namely birth, sickness, old age and death, there are three others; Those caused by body and mind, those caused by other living entities, and those caused by natural powers, which cause natural disasters such as earthquakes, famine, drought, heavy rains, floods, epidemics, intense cold, etc.

The human being is himself at the origin of his own sufferings

It is his own thoughts, words and negative actions that trigger the law of karma, law of action-reaction or law of cause to effect. These laws are set in motion when there is a break with God. This rupture is the act of the human being himself and not of God.

It is because man has chosen to turn his back on God, not to obey Him, not to serve him with devotion, to envy him, to take oneself for the Divine Being, to monopolize

the goods of the Lord, to ignore his word, his teaching, his divine laws, precepts, and commandments, and to believe oneself the beneficiary of everything that exists, that he has to pay the price and suffer the consequences.

Why Krishna, God, the Supreme Person allows these things to happen?

We understand, in truth, that we are not in our real home, in the real world. We all come, without exception, from another world, the spiritual world, where life is eternal, happiness total and uninterrupted, and where there is no suffering. The suffering of this material world aims to make us aware that happiness does not exist in this world, because it is a universe of suffering, and that we must imperatively seek God, turn to Him who, alone, can offer true happiness to whoever wants it, in his realm of knowledge, bliss and eternity. Let us know that Krishna, God, the Supreme Person is the ultimate goal of existence.

This is the ignorance of the data relating to God, to his divine word, to his sublime teaching, and to real existence, which prevents human beings from understanding everything relating to the truth, and from acting correctly.

Ignorance is at the origin of delusion, blindness, perdition, violence, aggressiveness, criminality, materialism, the attraction to the fleeting pleasure of the senses, and the atheism of all living beings.

Let us all observe God's directives scrupulously, put them into practice, and do not harm anyone, any human being, any terrestrial or aquatic animal, or any plant.

Covid-19 is a warning that God gives to all mankind, by which He asks human beings to stop aborting, to make land and aquatic animals suffer in the various breeding grounds, to stop slaughtering animals in the various centers of death, to close slaughterhouses, fish, aquaculture, oyster and mussel aquaculture ponds, industrial and artisanal fisheries, fishmongers, butchers, to immediately stop the massacre of aquatic beings in the open sea, all species included, caused by trawlers of various barrels and other floating factories, which devastate everything, and prohibit individual fishermen from fishing at sea, as well as artisanal and individual fishing in rivers and streams.

In truth, all living beings, humans, animals and plants, as spirit beings embodied in these different material bodies, originate from the same Divine source, God. They all belong to the marginal energy of the Lord.

This is why we must learn to see all the beings around us as so many spiritual souls, fragments and tiny parts of the Supreme Lord, embodied in different bodies.

The virtuous being must offer his respects to all being united to the Lord by a personal relationship. Because originally all beings have a loving relationship with the Lord, as tiny fragments of his Person we must strive to see them all equally, on the spiritual plane.

In truth, the wise scholar sees the virtuous and the outcast with the same eye, as well as the pig, the dog, the cow or the blade of grass. His eyes do not stop at the material body, which is only the outer shell of the soul. He does not see the garment (the body) of the sage, that of the human being, the cow, the pig or the blade of grass, he directly sees the spiritual soul, which is an integral part of the Supreme Lord.

There are bodily differences between the various varieties of living beings, but the virtuous holy being should not distinguish between living beings on this basis. He must acquire a vision that the individual spiritual soul and the Supreme Soul (God) are both equally present in every material body and in all species.

This is why we must do no harm to all living things, humans, animals and plants. We must love them all with equal love, but we must especially protect all animals without exception, and all plants in all their diversity. We must understand that we have no enemies.

The Lord specifies for this purpose: Through the burning fire of death, I arouse dreadful fear in anyone who draws the slightest distinction between himself and the other beings due to external [bodily] differences.

Know that all terrestrial and aquatic animals, but also all plants in their diversity all also have a soul. On the spiritual level they are all on the same level as man. **This is why God commands us to no longer eat meat, fish and eggs.**

We currently have a clear idea of the damage caused by covid-19. With this warning, the Lord asks us to find our reason, to change our behavior, to repent, to do penance, to turn to Him, to obey Him and to do His divine will.

In truth, it is indeed the Lord who rules the world, and his material energy through nature acts under his authority. Let us obey God, always do what He says, serve Him with love and devotion, this is our true eternal original natural duty, and let us fear Him, for He is the Almighty.

Happy all those who surrender themselves entirely to Krishna, God, the Supreme Person and who serve him with love and devotion, they will live in peace and harmony, they will not suffer anymore. The Lord will take them under his divine protection and protect them from all dangers.

God plunges the spiritual being into oblivion, in order to spare him the sufferings relating to reincarnation

In general, death means the exit of the spiritual being from his body which has become unusable and in a period of unconsciousness that lasts about nine months in a new body, in the womb of a new mother.

In truth upon death, reincarnation is almost immediate and the transfer to the womb of a new mother is carried out by the agents of God. The soul, as soon as it leaves the

previous body, is plunged into unconsciousness, in order to avoid the sufferings due to the uncomfortable position of its new body in the womb of its new mother, and as well as to the shape of the latter. if it differs from the previous one. Indeed, a soul embodied in a human body which decides to turn its back on God, to no longer obey him, which refuses his authority and worse, who dares to claim that the Lord does not exist like atheists, will be forced to reincarnate in an animal body. This is why we forget everything about our previous life.

In truth, as soon as they come out of the previous body, God's heavenly assistants take the soul and introduce it into the sperm released by the father, who from then on will enter the soul. egg from the mother, and the two thus form a living egg, for there is now a soul in it. It is the soul, by its very presence that develops the egg, and always thanks to it, the egg will develop to become an embryo, then a fetus and finally a complete baby's body. It is always the soul that allows the development of the baby's body into that of an adolescent, an adult, and finally an old man. It is the soul that keeps all these bodies alive.

The new body of the soul that will incarnate is a function of its desires, its past acts and its mental state. These are the factors that determine in what specific type of body she will be reborn.

This is why God urges us not to harm land and water animals any more, and to eat no more meat, fish and eggs.

This is what will happen to all those who kill animals, which make them suffer, and eat their flesh.

Verily, whoever kills will be killed in his next life.

Those who raise animals and drive them to the slaughterhouse to have them killed for profit alone, and those whose job is to kill thousands of animals, such as slaughterhouse priests, and those who sell the flesh of slaughtered animals, so that others can buy the flesh to eat, must expect to suffer the same fate as these animals, life after life.

It is the ignorance of the data relating to the existential truth, which leads the human being to act thus, but because of this ignorance, and of this absence of knowledge, these acts do not generate, in the immediate, that misfortune, and in the future, the fall among the animal species. Although the beasts, placed under the influence of material nature, are not aware of it, their life is still miserable.

Another part of ignorance is the slaughter of animals. The men who take part in this slaughter are unaware that in a future life, the animals which they slaughter now will obtain a body which will make it possible for them to kill them in turn. This is the law of nature.

People do not know that for having killed innocent animals, they themselves will have to suffer severe reactions from material nature. All countries where animals are unnecessarily killed will suffer from wars and epidemics imposed by material nature and the consequences of their criminal acts. Those who interrupt a life, human, animal or plant, will be sanctioned by divine justice by receiving a severe punishment and will suffer similar sufferings to the acts committed, in their future life.

All those who kill animals, cause them unnecessary suffering and eat their flesh, as is the practice in slaughterhouses, fish and aquaculture centers, and in the open sea by sailors, will be killed analogously in their next life and in many lifetimes to come. There is no forgiveness for such an offense. Anyone who professionally kills thousands of animals so that people can buy their flesh and eat them must expect to be killed in a similar way in their next life and in many other lifetimes.

Killing animals will not only rob us of human form in our next life, but will force us to put on an animal body and be killed by the same kind of animal that we killed. These are the divine laws.

It is criminal to kill human beings, but also terrestrial and aquatic animals.

In truth, the soul embodied in a transmigrated animal body, reincarnates from one species to another, follows a precise evolution, and progresses on the spiritual plane in the same way as that which is embodied in a body human. A slaughtered animal sees its progress hampered. In fact, before rising to the higher animal species, he will have to return to the species which he left prematurely in order to complete the period of time provided for him. We should not therefore prevent the spiritual evolution of a soul, especially if it is in an animal body, for the sole satisfaction of its taste buds.

To all those who ignore it, know that there is a correlation between war, karma or law of action-reaction, law of cause and effect, epidemics, and the slaughter of animals in the thousands of slaughterhouses industrialists that exist across the world, slaughter thousands of aquatic animals by the trawlers and death factories that navigate the sea, and the fish and aquaculture ponds, which dot the entire earth.

The Supreme Lord condemns keenly the existence of these death centers. Know that if the human being does not obey God and does not stop aborting, and eating meat, fish and eggs, there will be future calamities, such as world wars, severe epidemics that will block everything, famines... which will fall because of the karma accumulated by the animal holocaust on societies, peoples, nations, which support such abominable activities, unforgivable in the eyes of God.

Every created being is the son of the Lord Supreme, who does not tolerate even the killing of an ant. For such an act, by the law of the Lord, it will be necessary to pay the price. Also, to indulge in the killing of animals for the sole pleasure of the tongue, is the crudest form of ignorance. Man has no need to kill animals for food, because God

gives him all kinds of delicious food for this purpose. Whoever, despite this, persists in consuming meat, fish and eggs, acts under the influence of ignorance, pleasure of the senses and prepares for himself a dark future.

In truth, all those who kill and eat the flesh of animals will go to Maharaurava, an infernal planet located in hell. Will go into this hell, all those who participate in the killing of terrestrial and aquatic animals, namely; the herders who drive their animals to the slaughterhouse, the priest workers of the slaughterhouses, the butchers who butcher the corpses of animals and sell them, the sinful sailors who take them out of the water and kill them by asphyxiation, the fishmongers who sell their flesh, and the carnivorous humans who consume it.

If the mass of people is to be saved from these chain reactions of killing life after life, they must now devote themselves to developing the consciousness of Krishna, God, the Supreme Person, and stopping all sinful activity.

We must fight the evil at the root if we want it to disappear.

The current disease is the corona virus, covid-19, and its root is none other than the insatiable and disproportionate desire to eat meat, fish and eggs. The consequence of this despicable desire is the massacre of innocent terrestrial and aquatic animals in slaughterhouses, fish and aquaculture ponds, and in the open sea by factory boats which kill aquatic beings by asphyxiation.

If we really want to eradicate covid-19, it's very simple, just close slaughterhouses, fish and aquaculture ponds, industrial and artisanal fisheries, stop the massacre of innocent land animals and aquatic life, and to ban the consumption of meat, fish and eggs.

In this safe way, you will stop covid-19 cleanly. Otherwise you will never be able to stop it.

The intelligent human being knows that it is not possible to fight against the laws of nature nor against material nature itself, because the latter acts under the authority of God. The vaccine protects momentarily, but does not negate the harm.

People are unaware that for killing innocent land and water animals, they themselves will have to suffer severe reactions from material nature. All countries where animals are unnecessarily killed will have to suffer **wars and epidemics** imposed by material nature

In comparing our own suffering to that of others, we must show ourselves benevolent towards all living beings, humans, animals and plants. We can avoid the sufferings inflicted by fate by obeying God, doing his divine will, surrendering ourselves totally to him, and serving him with love and devotion.

To be aware of God is to know him as that He really is. It is also to be imbued with honesty, morality and purity.

We become truly better by realizing God and by having renewed the bond which unites us to Him. But to achieve this, morality and purity are required.

God being pure, we cannot approach him without purifying ourselves. That is why we prohibit the consumption of animal flesh [meat, fish and egg], sexual relations outside marriage, intoxication in all its forms [drugs, stimulants, alcohol, cigarettes, coffee, tea], and gambling or gambling.

These immoral activities keep us in a state of perpetual impurity, so impossible to progress in the consciousness of God without renouncing it.

Some atheist philosophers and ignorant religious leaders seek to convince their followers that animals are only bodies of dense matter without souls and devoid of feelings. However, anyone who has ever lived with an animal, be it a dog, a cat, a bird or even a mouse, knows that such a theory is a shameless lie, invented only for the sole purpose of justifying the cruelty of innocent animals. Yes, animals do have a soul, and in addition they have feelings.

In truth, beauty comes from the soul, which diffuses it and communicates it to the entire material body. A soulless body is therefore deprived of life, and therefore instantly becomes dull. Beauty comes from the spiritual soul which animates the body. It is this which makes the external envelope of the incarnate spiritual being attractive.

The beauty of the soul comes from its purity, that which it obtains in contact with God and its union with Him.

Krishna, God the Supreme Person says:

If a human being is engaged in sinful and irreligious activities, either because of bad association or because of his inability to control his senses, then such a person will certainly develop a personality full of material desires. He thus becomes stingy with others, greedy and always anxious to exploit the bodies of women. When the mind is polluted in this way, one becomes violent and aggressive and without the authority of the Vedic injunctions [of the Vedas, the original holy scriptures also called the true gospel], innocent animals are slaughtered for the satisfaction of the senses.

Worshiping ghosts and spirits, the bewildered person falls completely into the grip of unauthorized activity and therefore goes to hell, where he receives a material body infected with the darkest modes of nature. In such a degraded body, he unfortunately continues to perform ominous activities which greatly increase his future unhappiness, and so he again accepts a similar material body. What happiness can there be for one who engages in activities that inevitably end in death?

Concerning spiritual vegetarianism, the original holy scriptures teach.

The Vedas, the original holy scriptures contain many references condemning the consumption of animal flesh and encouraging compassion towards animals.

“The book of the law for humanity” specifies: “can obtain meat without injuring a living being (a terrestrial or aquatic animal), which will prevent us from accessing celestial bliss. Let us therefore avoid eating meat”.

Another passage from this same book warns us: *“After having carefully considered the revolting origin of meat and the cruelty of captivity and to death of living beings, let us abstain entirely from all consumption of flesh”.*

God asks us to protect animals and plants, including trees.

As God asks that we do no harm to human beings whoever they are, He also asks us to do no harm to terrestrial and aquatic animals, plants, and of course to trees and flowers. All the surfaces where trees are grown for their fruits and flowers are useful to human beings, but also to animals of all species.

Fruits and flowers are greatly appreciated by God, the Supreme Person. If anyone wishes to please the Lord, he can simply offer Him with love some flowers, fruits, tulasi leaves, water, and He will be happy to accept these noble and magnificent offerings. Our only duty is to satisfy God, the Supreme Person. Whatever we do and whatever our activity and occupation, our first objective must be to satisfy Krishna, the Supreme Lord.

Unfortunately, nowadays demonic disbelievers, evil atheist unbelievers, massacres land and water animals all over the world for the sole pleasure of their taste buds, and destroy flower beds as well as trees with the help of axes, power saws, or by fire, thus killing at the same time a considerable number of living beings flying, crawling, mammals, invertebrates, etc., which surround them, for the sole pleasure of increasing their cultivation surface or breeding. Other equally evil people cut down important trees that produce flowers, fruits, berries, for the sole pleasure of increasing their land.

The destroyer of trees by fire in the forest or any other wooded place, forgets that by doing so it kills a considerable number of living beings who live among trees, who live on their branches or rest there, at ground level or underground. He forgets that by destroying trees he also destroys many other plants, which also have the right to live and therefore to exist. He will have to answer for all these crimes before divine justice.

In general it is forbidden to cut down trees, because they serve as shelters for many living beings, birds, insects, ants, butterflies, caterpillars, bees, mammals, etc., but it is above all forbidden to cut down and therefore destroy trees bearing succulent fruits and flowers, as they serve as food for humans, but also for many animals of various species.

Sending animals of various species to slaughterhouses to be killed and butchered, taking fish out of the water and letting them die of asphyxiation in order to market their corpses, eat their respective flesh, are the most abominable sins for which we must answer. We can escape human righteousness, but we cannot escape the righteousness of God.

The Lord condemns the killing of animals.

Krishna, God, the Supreme Person condemns all those who kill animals terrestrial and aquatic and who dare to eat their flesh, as He expresses it by this reflection to a fisherman:

“You must have committed the offense of slaughtering animals, hunting or in the course of your policy. To regain your purity, simply indulge in the practice of devotional service and keep your mind constantly absorbed in Me. The time is near when you will be free from the consequences of these sordid acts for all eternity”.

Serving the Supreme Eternal with love and devotion is the only value by which it is possible to gain favor of Krishna, it is the only path that leads to ultimate success in the consciousness of God.

Recover sanity and improve our discernment.

, in order to see behind each object and material that composes it, its true source, its true origin. We must all now see things and matters as they are, in their true relief, in their true complete form.

Understand for example that behind a piece of meat there was a living animal with a soul, a creature of God. This salutary discernment should lead us quite naturally to consider that behind a prime rib, there was a living ox, that behind a leg, there was a living lamb, that behind a ham there was a living pig, that behind a sole fillet, there was a living sole, and behind a slice of fish, there was a sea bass, a grouper, a tuna, a sea bream, a pike, a carp, etc.

No longer participate in the slaughter of terrestrial and aquatic animals, let's no longer be complicit in their assassination, let's stop eating meat, fish and eggs from now on. All animals, like us, have the right to live and progress spiritually.

Teaching of the Supreme Eternal.

God feels for all living beings, human beings, animals and plants, an equal love. We are not the body of matter in which we reside, but spiritual entities also called spiritual souls. We are embodied in a human body, animal or plant, according to our acts committed in our previous life, consequence of our respective karma.

All animals have a soul as well as all plants, and as such we must protect them and take care of them. This is the major reason why the Supreme Eternal forbids taking

the life of a human being and an animal, and expressly asks us not to destroy plants, and not to eat meat, fish and eggs. So let's listen to God, and do what He says.

We must preserve life, not destroy it.

It is the duty of the spiritual soul embodied in a human body not to forget that it must be careful not to kill even ants.

For a human being, much less a holy servant or a holy servant of God, should never be malicious or needlessly violent. Very many ants cross the path we take, but the human being must watch his steps always looking at a meter in front of him, and when there are no more ants in his path, he can then put his foot down on the ground. The heart of a holy being always overflows with kindness towards all living beings, humans, animals and plants.

In his teaching, the Lord says that living beings take on bodies of various shapes. However, unbelievers consider that only human beings are worthy of their compassion, while God Himself declares to be the Supreme Father of all beings whatever they are. Consequently, the holy being constantly takes care not to destroy in a precocious way or without need, the least form of life.

In truth, each spiritual being must spend a certain time imprisoned in a certain material body, human, animal or plant, and he must reach the end of this time before evolving into another form of body.

The fact of killing an animal or any other living being puts an obstacle in its path by preventing it from completing its period of imprisonment in a given body. As a result, one should not kill any living being, human, animal or plant, for his own pleasure, under pain of being responsible for a sinful activity and having to pay the price in the form of suffering in his next existence. What we have done will be done to us.

We do not have the right to prevent an incarnate soul in any body whatsoever, human, animal or plant, from progressing and seeking God

Interrupting the existence of a spiritual soul that quite simply wants to progress on the level of true spirituality, causes to this last a terrible suffering. Also, we must preserve life, not destroy it, and ensure that it is so for each of all living beings, humans, animals and plants, all species combined.

If the human being has a soul, know that all animals and all plants without exception, also have a spiritual soul. These are not empty bodies.

This is why God asks us to stop slaughtering animals, no longer destroying plants including trees, and no longer eating meat, fish and eggs.

Verily, the imperfect eye cannot see things as they are, from their proper perspective. One can only perceive truth if one receives it from a higher source, and the highest truth there is spiritual knowledge emitted by the Lord Himself. Only the human being

who has reached his spiritual liberation can become a virtuous being and see all living beings as his own brothers and sisters.

The holy being for his part, sees each living being as a spiritual soul, and when he serves his neighbour, it is to her alone that he addresses himself, at the same time meeting the material and spiritual needs of his brothers and sisters.

Depending on his level of spiritual realization, the human being will have different ways of seeing living beings, embodied souls.

He or she who has a bodily conception of existence will establish differences between function of their body. The individual soul does take on many and varied material bodily forms, but despite all of its body changes, it remains eternal, and always the same.

Thus, for those whose vision corresponds to a conception of existence based on the material body, beings will appear different from each other. In truth, no one is a friend or an enemy to anyone. Each by the law of karma, law of action-reaction or law of cause and effect, reincarnates in different bodies of dense matter. But as soon as the human being becomes aware of his true spiritual identity, he no longer makes any distinction according to this law.

A holy being already liberated, who is aware of the truths stated above, does not make a distinction according to the different carnal envelopes. He considers all living beings, humans, animals and plants, as so many spiritual souls embodied in these various bodies, and knows that they are all the eternal servants of the Lord. This is the vision that the human being must adopt.

In our daily relations, we must maintain friendly relations with all beings in general, humans, animals which moreover are sensitive and suffer when they are confronted with pain or misfortune, and plants which are incapable of defend against criminals who want to destroy them.

Our conduct must be such that no one is made to get angry and does not cause harm to individuals, families, communities or society. This is loving one another with unconditional love.

It exists, according to the attributes and modes of influence of material nature; virtue, passion and ignorance, different ways of eating.

The only functions of food are to increase longevity, to purify the mind, and to give the body health and vigor.

Human being nourishes himself in a particular way, according to the influence of the attributes of the material nature, which he undergoes.

The Lord said on this subject:

The foods dear to each one are divided into three orders, which correspond to the three gunas [to the three attributes and modes of influence of material nature; virtue, passion and ignorance]. I will teach you what sets them apart.

The foods of virtue purify existence and prolong its duration. They provide strength, health, joy and satisfaction. These substantial foods are sweet, juicy, fatty and full of flavor.

Foods that are too bitter, sour, salty, pungent, dry or hot, are loved by those dominated by passion. They engender suffering, misfortune and disease.

And dear to men enveloped by ignorance, food cooked more than three hours before being consumed. Foods deprived of taste, freshness, smelly, decomposed or unclean, even leftovers.

Krishna, God, the Supreme Person cannot be seen by everyone

Truly, it is by his power internal that Krishna remains veiled, and cannot be seen by everyone. Only the soul to whom He reveals Himself can see him and thus contemplate his magnificent form. Only the soul submitted to God can truly know the Absolute Truth.

The secret of secrets is that which consists in surrendering oneself to Krishna, and serving him with love and devotion. For spiritualists constantly engaged in Krishna consciousness, in devotional service to the Lord, their spiritual eyes open, and Krishna reveals himself to them.

Such revelation is not even accessible to heavenly beings, to the inhabitants of the paradisiacal planets, who find it difficult to know Krishna. The most evolved among them still aspire to see Him in his sublime, original, personal form, the most beautiful of all, his two-armed form, all of knowledge, bliss and eternity.

It is extremely difficult to seeing the universal form of Krishna, a favor which is not given to everyone, but even greater is the difficulty one experiences in knowing his personal two-armed form.

Happy are those who respect and apply the regulatory principles, who remain faithful to spiritual vegetarianism and who do not eat meat, fish and eggs, for they are without sin, and walk on the pure path. Let them surrender themselves to Krishna, serve him with love and devotion, and hum the song of the Holy Names of Krishna, and the Lord will reveal himself to them.

Lord Krishna says: *Only serve Me with undivided love and devotion that one can know Me as I am, and so in truth, see Me. Thus, and only thus, will we be able to unravel the mystery of My Person.*

In truth, it is to serve Krishna, God, the Supreme Person that the living being was created.

The living being, the soul embodied in a human body, animal and plant, belongs in reality to the internal energy of Lord Krishna and He is therefore also identical and of the same nature, but he never equals or surpasses it.

God and other spiritual beings all have their own individuality. Spirit beings distinct from God may also, with the aid of material energy, exercise some creative power, but none of their creations will equal or surpass those of the Supreme Lord.

There are only unreasonable, insane, ignorant minds to claim to be one with God, and thus to be led astray by illusory energy. In their straying, they have no other recourse than to recognize the supremacy of the Lord and to engage voluntarily in his loving service, for that is how they were created to act. If they do not return to this original natural duty, the world will not be able to experience peace and quiet.

The true devotees of Krishna, God, the Supreme Person are the true friends of all living beings, human beings, animals and plants. They love them all, without exception, with unconditional love, and make a point of protecting them as God recommends.

Disobedience to God, the rejection of his laws, his word and his teaching are at the root of the deterioration and degeneration of human civilization.

I end this luminous teaching of Krishna, God, the Supreme Person, with an extract from the book "[Prophecies](#)", relating to the reasons for the deterioration and degeneration of human civilization.

In the book "[Prophecies](#)", we learn that disobedience to God, the rejection of his laws, his word and his teaching are at the root of the deterioration and degeneration of human civilization.

We have entered the age of Kali, the current age, also called the iron age, the black age or the dark age, the age of discord, hypocrisy, strife, indifference, decadence and sin.

In truth, the age of kali begins with the killing of terrestrial and aquatic animals in slaughterhouses, fish ponds, aquaculture, in the open sea and elsewhere, and with the consumption of meat, fish and eggs. That is why, if we want to avoid the influence of this age of kali, this dark age, we have to get rid of these bad habits.

The kali age or the dark age has four poisons.

The first is the consumption of meat, fish and eggs, represented by slaughterhouse sacrificers, butchers and fishmongers, who are the friends of kali. The second is the producer of alcoholic beverages. The third is the gambler or owner of gambling houses, and the fourth is the patron of brothels.

The prophecies of the great sage Sukadeva Gosvami deal with the current age, the age of kali or the iron age, the dark age, which begins around the year 3000 BC, and

lasts for 432,000 years. Prophecies relating to the fallen kings of the earth who will be born during this dark age, the fall of men and the many faults which will be committed.

All the good qualities of man gradually deteriorate, and his vices increase proportionately. Various atheistic “religions” are emerging, replacing Vedic spirituality [of the Vedas, the original scriptures]. Kings look like highwaymen, people engage in vile professions, and upper social classes disappear. Atheism, meaninglessness of all things, devotion to stomach and genitals are very evident in this age of kali. Beings defiled by his influence no longer worship the Supreme Lord, God, although the chanting of his Holy Names and his refuge can free them from all bondage and allow them to reach the supreme destination.

We all need to initiate our family members into the importance of this pure way of living without sin.